

Sit ready...Ready all...

- Premo steps up as Darling wraps up as SARA Chief

Editor: John Nicholson, ' $\mathbf{6 8}$ Distribution Chief: Colin Goodale, '90 Contributors:
Tom Darling ‘81, Tom Lotz '57, Dave Reischman, Tracy Smith '90, Kris Sanford

- Four SU Men's alums competing "across the pond"
- Sanford calls fall season "most productive in years"
- Reischman praises men's team's hard work ethic

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 Fifty Years Later-Still Pulling Together


Stroke-Bart Green, 7-Bob Angelucci, 6-Ham Dixon, 5-Bruce Baker, 4-Tom Lotz, 3-Karl Blixt, Bow-Pete Beckett. Coach says "They still got it."

## Golden Anniversary Row Highlights Alumni Weekend

By Tom Lotz '57
The class of 1957 participated in the alumni row, as it was the $50^{\text {th }}$ anniversary for this group. Class members who rowed on Saturday morning were Pete Beckett, Karl Blixt, Bob Angelucci and Tom Lotz. Ham Dixon and Bart Green from previous classes joined the boat. - both were made honorary ' 57 since their wives were in the class. Dr Bruce Baker also filled in because he is a good guy and was willing to do so. That made seven rowers and one other alum agreed to participate. Joey Peter (of course) coxed.

Many memories came back while at the boathouse and on the water. The class started in the sport in the fall of 1953 under frosh coach Vic Michalson, and rowed the sophomore year with Gus Eriksen. (See 57+ -on page four)

## ALUMNI COME HOME

More than 100 men and women who've been involved in rowing at $S U$ over the years came back to the boathouse for a SARA Reunion Oct. 12 and 13 and many of them got into shells to show the could still row a little. That included half a dozen members of the 1957 crew, back for their golden anniversary (see accompanying story). And most of last spring's seniors were back to compete in the class races with the current men's team.
See Homecoming-Page 11)

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## Letter from the President

Fellow SARA members;
The first race for the men in 2008 will be the San Diego Crew Classic April $5^{\text {th }}$ and $6^{\text {th }}$. The first race for the women will be in Syracuse March $29^{\text {th }}$ against Boston University. We hope to see as many West Coast alums in San Diego as possible to cheer on the men and as many East Coast alums in Syracuse to cheer on the women's team. Please check the race schedule for both teams inside this edition of the Orange Oar or by accessing the www.saracrew.org website for updates on events. We will also have an alumni function in San Diego, as well as at the Men and Women sprints (both held on May $18^{\text {th }}$ ), and IRA's (June $7^{\text {th }}$ ). SARA is also working on plans for a 30-year reunion of the 1978 IRA Championship Men's crew to be held in Syracuse in October of 2008.

The SARA Fall reunion this past October was a great success thanks to the organizational skills of SARA VP Tracy Smith '90 and board member, Joe Bufano '99. Also thanks to SARA board member Lynn Pascale ' 81 for hosting yet again another event at her family's restaurant, Pascale's in downtown Syracuse. We all had a great time visiting with alums from the 1950's all the way up to the 2000's. The ' 57 men's crew went for a reunion row on Saturday alongside the ' 07 crew. Accept for a little more gray hair it was hard to tell the difference between both crews...each boat looked smooth and powerful rowing by the boathouse.

Jon Flynn ' 07 has been doing an excellent job updating our www.saracrew.org web site and I encourage everyone to check it and use the web site to pay your dues online.


Tom Darling with Coach Dave Weiss and Dr. Bruce Baker '59 at Alumni Weekend party

Also please read your Orange Oar and update any personal contact information or send in any comments or pictures to John Nicholson our esteemed editor-in-chief at jsnich@gmail.com

My term in office ends at the next SARA Annual meeting. I have enjoyed giving back to the rowing team in this capacity. Jason Premo ' 98 will be moving into the president's position and I encourage everyone to help support him in the areas he will be focusing on. Jason has worked tirelessly on the Orange Network and will bring his affinity for networking to the President position. I look forward to helping make Jason's term in office a huge success.

I would also like to welcome Don Smith ' 90 and Joe Kiefer '88 to the SARA board. Joe will be taking over the treasurer position from Colin Goodale ' 90 . Joe has an extensive background in finance and management information systems and Don, a two- time Olympic rower also is bringing his professional skills in finance as well as name recognition to the SARA board. We all look forward to having Don and Joe as active members.

Thank you ....and see you at the Races
Tom '81
SARA President

## SU WOMEN: A PRODUCTIVE FALL

If SU Head Coach Kris Sanford looks happier these days than she has in a year or two, it's probably because she likes what she has seen from her team this fall after a couple of building years. Here's her take for The Orange Oar:

This fall has been the most productive season we have had in years. We spent 80 percent of our time in pairs, and the quality of rowing was great. We rowed many miles and the athletes really had the opportunity to work on fitness and boat skills.

It was a disappointment to have the Head of the Schuylkill cancelled, however we added an 8's race to the Syracuse Invitational the following weekend and were able to get the race in.

People are working really hard right now preparing for winter training and I feel we are going into it with a very determined attitude. We are heading down to Stuart, FL for January training where we will be focusing on pair rowing, technique and fitness. The focus of the camp is accountability - we are really looking for everyone to take personnel accountability toward making us fast.


Coach Kris Sanford

Captains:
Ally Doodeman - senior
Erica Mahon - senior
Tina Campagna - senior
Liz Henwood - junior

| January $2-13$ | Winter Training Trip | Stuart, FL |
| :--- | :--- | :--- |
| March $7-16$ | Spring Training Trip | Oak Ridge, TN |
| March 29 | Boston University | Syracuse |
| April 5 Cornell/Yale | Derby, CT |  |
| April 12 | Penn/Northeastern | Boston |
| April 19-20 | Charles River Challenge | Boston |
| April 27 | Big East Championships | Oak Ridge, TN |
| May 18 | Eastern Sprints | Camden, NJ |

## 57+ (from page one)

Gus left after that year and Loren Schoel came to SU from Cornell and took over the program.
Also recalled were those who have gone on like Dr Mike Smyth, who stroked our eights. Others, like Dick Horstmann, our commodore and Jack MacLelland (Captain) were unable to attend to attend due to health situations. The class, both rowers and classmates prepared a poster for Dick Horstmann, which was delivered to him in Worcester.

Some are still active in the sport. Ham Dixon regularly competes in the southeast and at the Head of the Charles, and coaches youth programs in Georgia. Tom Lotz is an USRowing referee and recently completed a term as chair of the Referee Commission.

Many thank to SARA and Coach Reischmann for setting up the event. GREAT FUN !!


## NEW OFFICERS SET FOR ELECTION AT SARA ANNUAL MEETING

SARA gets a new president, new vice-presidents, a new treasurer, and a couple of new board members at the annual meeting on Saturday, January $19^{\text {th }}$ in Syracuse. Jason Premo '98, will step up from first vice-president, succeeding Tom Darling '81, who has served more than two years since assuming the position on a "temporary basis." Tracy Smith '90 becomes first vice-president and Bill Purdy '79, second vice-president. Joe Kieffer '88, joins the board and immediately will become treasurer, relieving Colin Goodale '90, who has put in yeoman work as treasurer for more than a decade. Goodale will stay on as a SARA director. Two-time Olympian Don Smith '90 also joins the board.

To make room, two former SARA presidents will leave the board, Barry Weiss ' 83 moves to the advisory board, and John Nicholson '68, will continue as Orange Oar editor.

President Tom Darling will send out an agenda prior to the meeting and all SARA members are welcome.
Afterward there is Men's Basketball vs. Villanova in Carrier Dome at Noon.
Joe Peter's annual "birthday" party will follow with all SARA members invited to Joe's house.

## Men's Varsity— Working Hard

The Orange Oar asked Men's Head Coach Dave Reischman for his take on the team heading into winter practice. Here's his response and an added take from Coach Dave Weiss on the freshmen:

The first thing that strikes me about our fall season is the incredible weather we had. It may be a politically incorrect opinion but as a rowing coach I am a big fan of global warming! Every year our fall season has two major goals: (1) Teach people how to row, and (2) Quality mileage. Sure, we tweak it a bit depending on the group of guys have but those two goals are always paramount. Last year's group of seniors had a lot of experience so we probably prepared a bit more for the fall head racing than other years. This year's group is pretty young and inexperienced so we focused a bit more on teaching and building base miles.

I thought our athletes did a great job of keeping their priorities right and having the right perspective to the fall racing. We spent the majority of our time in pairs and only jumped in the racing line ups a day or two before each race. We put in a lot of mileage working on trying to get the technique and boat moving sorted out and I think it was pretty effective. As a squad, I think we made more improvements over the course of 12 weeks than I can ever remember.


Coach Dave Reischman

I am having trouble coming up with a good word to describe our first couple of practices. Let's just say no one was going to call us clever rowers. But I thought this group really accepted the challenge of improving the quality of our rows and made steady progress all the way through the fall. The weekly time trials in the pairs were a good measuring stick for the guys to judge their progress.

I thought we had a solid approach to the fall racing. The goal was to really enjoying racing hard and not get too caught up in line ups or where we were finishing. The weekly pair trials determined the line ups and that kept things interesting for everyone. We pushed most of our fall racing back toward Thanksgiving to give us a bit more mileage in the decent weather of the early fall and I thought that worked well.

We have a good stretch of training ahead of us before we get to San Diego to open up the spring season. We are only taking a varsity eight out there so that should give a little extra importance to some of that early season seat racing. With only two returning members of last year's varsity I am not sure yet how things will pan out this spring. I know this group is working hard. As hard as any group I have ever had. And that is a pretty good start.

Frosh-see next page-


## Men's Frosh- Getting into Position

A source of both eternal optimism and perpetual anxiety for freshman coaches is the reality that the identity of their crews, upon arriving on campus in the fall, is a blank slate that they will create over their first year as collegiate oarsmen. All a frosh coach can hope to see from his crews is a steadily strengthening determination to create an identity centered on an unrelenting willingness to extend their limits and, as a consequence, continually generate greater speed.

Hailing from locales as diverse as Florida, Texas and Washington, as exotic as New Jersey, South Philadelphia and North Philadelphia, and as remote as the northern outpost known as Ontario, Canada, the Class of 2011 Orange oarsmen have demonstrated so far that they are up to the challenge. As validation of the hard work they've put in, the SU frosh finished 1st and 8th, respectively, in the Freshman Men's 8 event at the Syracuse Invitational on November 3, and placed 3rd and 8th against top-level EARC
Coach Dave Weiss competition in the same event at the Foot of the Charles two weeks later.

Still, as with any freshman crew arriving at the end of their first semester, the dually significant opportunity and need to parlay athletic ability into consistent, quality work remains front and center for this year's frosh men. The freshmen have put themselves in a position to be competitive this year, but time will tell if they will use winter training to "make their move." Stay tuned.

## SU WOMEN: ROWING HARD, HAVING FUN

Some things work better without a great deal of explanation. Suffice it to say that the Orange Women bring an interesting sense of humor to their workouts and when class day races come around they like to have a theme to their teams. Playboy bunnies and angels were among this fall's. Imagine how fast they go without all that!


## BACKSPLASH—NEWS OF OUR ALUMNI

Bill Hawkey '53 - stroked an eight to a second place finish at the FISA World Championships is Zagreb, Croatia with Joe Peter '68 coxing. Bill says, " We missed first place by $4 / 100$ of a second. Joey went on to get four golds. I got two."


Doug Lehmann '61 - sends the following epistle:
Gary Gardner, ' $\mathbf{6 2}$, of Colorado, recently visited family in the DC area. This was a good excuse for several SU alums to get together for dinner. So on November 29, Jim Edmonds '59, Doug Lehmann, '61, Tony Johnson, '62, and Frank Benson, '63 joined Gary. Frank picked Clyde's at Mark Center, Alexandria, VA since it has a nautical theme. This restaurant opened in 1998 with a Crew Bar, which the owner's describe as:
"... representing an old boathouse on the Potomac with rough-hewn posts and beams, pine ceiling, and chestnut siding. Presentational sweeps from Olympic races that date to 1904 and racing shells are suspended above the bar and booths. The championship T. C. Williams High School Women's Senior Eight has contributed an oar to the collection. Oil paintings of rowing regattas by impressionist artist David Bareford line the wall opposite the oyster bar. Anchoring the adjacent corner is a fine painting depicting a fleet of skipjacks around 1930. Used for oyster harvesting and specific to the Chesapeake Bay, skipjacks are the only remaining licensed commercial sailing boats in the United States."

There is also a room-width shelf of about two-dozen megaphones including an orange and blue from SU. When this room was being provisioned, Tony was asked where shells might be obtained. The actual dinner was in the Newport Room that the restaurant describes as a:
"... room detailed to look like a fine yacht...Its main feature is a skylight that looks like the hatch of a turn-of the- century yacht. Pond sailors [models] are displayed in the center and corners of the room, and half models on the walls represent the celebrated boats of America's Cup races. A ship's bell, signal flags, signal cannon, searchlight, and table lamps made from scoops for sailboats continue the sailing motif. The carved glass panels depict J boats, the type of sailing vessels that compete in the America's Cup. The photographs are from a distinguished collection, most of which is now owned by the Mystic Seaport Museum in Connecticut."

Plenty of shared memories were part of the discussions and the wives present tolerated the crew talk. Jim

## BACKSPLASH—NEWS OF OUR ALUMNI

and Tony represented the USA in the 1964 Olympic Games in Tokyo in the Potomac Boat Club pair w/o coxswain. Both Jim and Tony are Pan American game Gold Medal winners, both at the bow oar, but in different years, and different boats. Jim was in the SU 1959 eight entry at Chicago while Tony was in the 1967 Potomac Boat Club pair w/o coxswain shell at Winnipeg. Both Tony and Frank were coaches in the 1975 World Championships held in Nottingham, England. Tony and Frank are also Georgetown University crew coaches today, Tony since 1989 and Frank since 2002 (Frank also coached GTU from 1968-74). Gary and Doug are retired and pursuing hobbies of fishing and stamp collecting respectively. Jim is SU's marathon-oarsman having rowed for over half a century. He not only still rows but he also wins, as he was a member of the winning 2007 Syracuse alumni boat. Even the subject of "beef stew" briefly came up. If you don't know what this keyword means, ask any SU alum from the classes of 1961 through 1964.

Gary MacLachlan ' 67 - "entered a 12 week Big Loser fitness competition with 20 of my firefighting colleagues against five other teams. Reminded me, at first, of spring camp. A personal trainer worked us three days a week for an hour a day. Absolutely every muscle in my body ached for first two weeks. Weight loss was one performance measure. Some lost 20-30 lbs. I met my goal at $12 \mathrm{lbs}-229$ (lowest since graduation - see Coach Schoel, my bones do weigh that much). Best news was, at 62 years old, I smoked every 30 -year-old on our team in every Concept II Rowing head to head - usually 6,000 meters at a clip.

Jennifer Sanford-Wendry '93 - is in her tenth year as the head coach of women's rowing at the University of Connecticut. Jen tells us, "Between coaching and being a mom to Will (4) and Wyatt (2) I have little time for anything else! Will has written in preschool that his best friend is Grampa (that would be Coach Bill) and unfortunately for me, he follows in Grampa's shoes and his favorite team is the Big Orange, which doesn't always go over well in Huskyland."


Wyatt and Will in SU Regalia


Brian Fitzgerald '94— Brenda Pascucci '94 and I got married in March 2007 in Philadelphia Brenda and I have been living in the Queen Village area of Philadelphia for the past few years and we both work in pharmaceutical research for competing companies.

The event was well attended by former SU rowers (note: not all made it the 4 years). See photo on next page.

Brian \& Brenda at Boathouse Row

## BACKSPLASH—NEWS OF OUR ALUMNI

At the Fitz-wedding:
Front Row (left to right): Mike Hughes '94, Brian Fitzgerald '94, Dave Miller '94, Matt Whelton

Back Row (left to right): Jim Klein '94, Steve Buckley '93, Mark Colavita '94, Bill Cochrane '94, Brian Annett '95, Andrew Powers '96


Paris Daskalakis '98 - co-authored a book, An Attorney's Guide to the Collection of Bad Debts, 2d, AuthorHouse 2007, which was published at the end of November.


Christine Kaputa '98 - had her first children's book "Bad Kitty!" published and released this month. "Bad Kitty!" (who many teammates may know as "Mittens") is a funny, rhyming story that narrates the adventurous activities of the trouble-making family cat through the eyes of a child. The book is an "early-reader" children's book for the ages of 0-6 years old and is readily available through Amazon.com but anyone who would like a signed or personalized copy of the book as a Holiday present or keepsake please contact Christine directly at readbadkitty@yahoo.com.

Joan (Rubinger) McFadden, '99, lives in Stockton, California where she is the head coach for the Delta Blades junior rowing program, which she founded in 2004. In just her first three seasons, her team qualified 11 boats for the grand finals at the Southwest Junior Regionals, advancing 5 medalist boats to the junior National Championship in Cincinnati where her men's varsity 2 x placed 6 th overall in 2007. Five of Joan's athletes have been selected for the US Junior National Team selection and development camps, and 3 athletes have earned full-ride scholarships to college.

Current Delta Blades rower and team captain, Tiffany Macon, has just signed with Syracuse, and will suit up for the Orange in September of 2008. "I am really excited that one of my athletes will have the pleasure of rowing for the fine SU program that I enjoyed so much."
Joan's son Troy, 2, will become the youngest coxswain ever once he is potty-trained. "He's already pretty good at being bossy and demanding, so we might as well put him in a couple races."

## BACKSPLASH—NEWS OF OUR ALUMNI



Adlai Hurt '04 - is engaged to former Orange softball player Rachel O. Park ('03, G'04).

Kelly McGrorey Broderick ' $\mathbf{0 5}$ - got married on September 29 of this year to Ryan Broderick (UPenn '04). "We are currently living in Anacortes Washington while Ryan is serving as a pilot in the Navy."

Editor's note: Kelly is at right with Ryan in uniform. Shawna O' Brien '05 is seated along with a mystery man.


Ruth Frantz '07-I just got
 home to Seattle from living in Canada and London after graduation. I work at the Northwest School (my old high school) as the Alumni Director and also as a salesperson at Nordstrom. I love Seattle and miss rowing!!

Ruth Frantz in London
Casey Irving '07 - was hired in July at Skidmore College in the Office of Advancement. "I am in the donor relations department and handle all of the endowed fund reporting and scholarship events."

Matt Morrow '07-"I'll be starting with Merck \& Co., Inc. as a Biotechnician at their West Point, PA (outside of Philly) facility at the first of the year. " Matt finished his work as a Project Aid at SUNY Upstate Medical University in December."

## ORANGE COMPETING IN OXFORD-CAMBRIDGE RIVALRY

Oxford and Cambridge raced in the Fours head on the Tideway in England this fall This is a really big head race for them. You can get results by following this link: http:// www.hor4s.org.uk/docs/Results-2007-event.pdf

For the Cambridge guys, Dan O'Shaughnessy '06 and Bartosz Szczyrba '07 were in Cambridge Univ II. For Oxford, Justin Stangel '07 was in Isis I and Andrew Wright '04 was in Isis III. It looked like some decent results for all four guys.......good to see Syracuse guys mixing it up all over the globe.

\author{

- from Coach Dave Reischman
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## Homecoming (from Page One)

Not to be outdone, alumnae also showed up in force and piled into shells to do some damage on the water. Levels of fitness varied for both genders but everybody seemed to have a good time. Coach Dave Reischman got a look at the ' 57 crew and seemed impressed. "They still got it," Reischman said. "Maybe they didn't quite make it up to full slide but the boat was running flat and true. It was a special treat to see their enthusiasm for being back on the water."


SARA VP Tracy Smith at stroke for the alumnae eight

The festivities began Friday night with a cocktail party at Syracuse's best restaurant, Pascale's. The place was packed and even women's head basketball coach Quentin Hillsman showed up to join the crew and rowing alums. (Alums can return the favor by supporting Coach Q's team, which roared out of the gate at 9-1 before Christmas.)

Alumnae Celebrate at Pascale's

Saturday morning saw alums who were rowing on the water early and stragglers rooting them on from the shore. Many later headed up to the Dome to see the football team's struggle with Rutgers, while others stayed on to reminisce with fellow "old oars" at Longbranch. Plans are underway to do it again next fall.


Class of '07 Back on the Water

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Syracuse Alumni Rowing Association, Inc
P.O. Box 7202
Syracuse, NY 13261
RETURN SERVICE REQUESTED
Phone: 315-453-3640
Email: jsnich@twcny.rr.com
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## SYRACUSE UNIVERSITY MEN'S CREW CALENDAR 2008

| Sat-Sun April 5-6 | San Diego Classic | San Diego |
| :--- | :--- | :--- |
| Fri-Sat April 11-12 | GWU Invitational <br> (includes Ten Eyck Cup race vs. Rutgers) <br> Saturday April 19 | Washington, D.C. |
| Saturday April 26 | BU, Columbia (Conlan Cup) | Ithaca |
| Saturday May 10 | Dartmouth (Packard Cup) | Syracuse |
| Sunday May 18 | Eastern Sprints | Hanover, NH |
| Thursday June 5 | IRA Regatta | Worcester, MA |
| Friday June 6 | IRA Regatta | Camden, NJ |
| Saturday June 7 | IRA Regatta | Camden, NJ |
|  |  | Camden, NJ |

