



Sit ready...Ready all...

- Orange Teammates Honor Bartosz Szczryba
- Men's Crew Endowment Grows
- Big Plans for Sanford Hall of Fame Weekend
- ACC Move Includes Women's Team, Not Men's

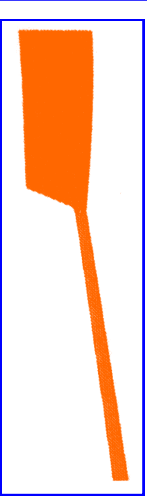
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 Jason Premo '98

September 2011
Volume XII—No. 3

New Year Begins With Fall Practice, Racing



Men's Crew Frosh Head For Onondaga Lake in September Practice



SYRACUSE ALUMNI ROWING ASSOCIATION, INC

The Orange Oar

SU Women—Looking to Climb

Justin Moore starts his second year at Syracuse with a roster of women who have bought into his approach and some highly-regarded recruits who are eligible to help the varsity right away.

He spent part of the summer coaching the Pre-Elite Camp for women and his charges went on to win a pile of medals in Indianapolis.

He can also look forward to competition in the Atlantic Coast Conference as Syracuse gets set to move from the Big East.

But he also comes from a season where some hard work paid off in improvement, but not the results some had hoped for and from leaving the third boat home from the Eastern Sprints because he said the athletes had not earned the right to go.

How his team returned in the fall, he said, would show whether everybody had the message of what it takes and will take to compete for SU.

(See Women—Page 3)

SU Men—Challenges Ahead

The Class of 2011 has moved on and with it, major contributors to the SU men's crew. Among the group are three-year coxswain Kenny Marfilus, stroke Mike Genaro and seven other oarsmen who competed in the V8 and JV8 this spring.

Head Coach Dave Reischman begins his tenth year at SU with some big challenges, and while he has said he never looks at a year as a rebuilding year, he does recognize those challenges.

He does have eight oarsmen back from the varsity and JV eights as well as the cox of the Sprints bronze medal JV Crew. He's also added a second assistant coach – Brad Hemmerly, who succeeded SU Women's
(See Men—Page 5)

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Letter from the President



Dear Friends-

We've got a whole bunch of new things going down on the SU rowing front this fall and it's an exciting time to be an alum.

Coach Reischman has hired a much-needed Assistant Coach which will add a whole new dynamic to the team and the coaching strategy this year. Coach Moore has several new international recruits that have immediately raised the bar for the women's team. I urge you to come to the races this year – see your friends and support the SU teams.

On the SARA side, we're gearing up for another great year and will work to provide alums with as many opportunities as we can to connect to the team and to each other. Highlights for this fall include:

- The induction of Coach Bill Sanford into the Syracuse Alumni Rowing Association Hall of Fame on November 5. This event will coincide with the Syracuse Invitational Regatta and will be a great opportunity to come back to campus and see our teams in action. Details of this event are included in this newsletter. Don't delay – sign up early for this great fall event.
- The reprinting of the fabled "Mark of the Oarsmen" - the classic book chronicles the history of Syracuse rowing and is a must-read for all SU rowing alums.
- Gear! Working with Boathouse Sports, the SARA Board has an offering of both casual and workout gear bearing the Syracuse "S" and crossed blades. Think ahead for the holidays!
- Continued hospitality, race broadcasts and alumni outreach to our rowing community. We work to keep you informed through the Orange Oar Newsletter, the SARA blog: www.syracusealumnirowing.blogspot.com; Twitter (SyracuseRowing); Facebook (Group "Syracuse Row-a-Rama; and LinkedIn (Syracuse Alumni/ae Rowing Association)

Have you wanted to participate in SARA but are not sure how? I urge you to consider joining the SARA Board. We are looking for people with a love of Syracuse rowing who are willing to contribute their time to SARA. No matter what your talent – finance, communications, law... we have a spot for you if you're looking to get more involved. Please contact me if you would like to discuss joining this fantastic Board of Directors. I can be reach by email at t.r.smith1@comcast.net.

Thank you all for your support of Syracuse Rowing. It's a great time to be Orange.

Yours truly,
Tracy Smith ('90)
SARA President

Women (from Page One)

The Spring Schedule begins down south with Clemson, Alabama and Indiana. It includes home races with Cornell and Boston University and with Northeastern and Penn. It also lists a trip to Indianapolis for the Big East/Big Ten Double Dual – plus the Charles River Challenge and the Big East Championships.

Full schedule here: <http://www.suathletics.com/schedule.aspx?path=rowing>



Orange Women on the Water—Coach Moore Says They Arrived in Better Shape

There is much work to be done and a month or so into the fall semester, Coach Moore answered Five Questions for ***The Orange Oar***.

Orange Oar: How does the women's squad look this fall in terms of numbers, conditioning and mental attitude?

Justin Moore: “We are currently carrying 35 women on the varsity squad (this includes 6 coxswains). The group is relatively small, but we are happy with the quality. The women who have opted to stay and commit returned to school in MUCH better condition - apparently, my discussions about the importance of conditioning did not fall of deaf ears - and the attitude has been outstanding. Last year only 4 members of the squad met the opening ‘standard of excellence.’ This year, 13 women met the standard on the opening test and many more were close.”

OA: What's the potential for new freshman and sophomores returning to advance the competitive level of the eights?

JM: “The potential for our first-years and sophomores to contribute is outstanding. We felt that we had recruited an excellent class for 2015, and the women arrived on campus as advertised. Our top group of recruits hail from Australia, New Zealand, and Canada, before we get to our top American recruit, who was in the national champion 4X from GMS. We have two sophomores, Rebecca Soja and Maggie McCrudden, who were in the varsity 8+ last year that look to be strong contributors to the varsity program moving forward. That said, the seniors are doing a very good job of leading the squad and helping the women who are new to Syracuse understand how and why we do things.”

OA: What did you get from coaching pre-elites this summer that you can use in coaching the SU team and what did your team members get from it?

JM: “Coaching the pre-elites exposed me to some of the best collegiate athletes in the country. It helped me to understand the level of training occurring at some of the best programs in the country. I was able to hone my skills in small boat coaching. Throughout the collegiate year, the focus is on the 8s, with Alicea Kochis taking the 4s. This summer, we coached 2-s, 2xs and 4xs almost exclusively. It was great to work with such high level athletes in these boats. Three SU athlete participated in the camp, and two have returned this year. Junior Gina Biascoechea and sophomore Maggie McCrudden have returned to the team and it is clear that the three-a-day training

sessions had an effect. The women are very motivated to continue to advance SU in the world of collegiate rowing.”

OA: What is your approach to fall racing - what do you want to get from it?

JM: “The fall, September in particular, is a great time for us to focus on the nuances and small technical aspects of rowing. We are spending a LOT of time in coxed 4s for two reasons: #1 Because having six 4+s on the water creates a very competitive environment and increased accountability, and #2 because we have many talented coxswains and are working on those who are best prepared to lead the upper boats for the team. We are working hard to develop productive training habits and patterns that will serve us well throughout the year. And we are working closely with the men's team, both on the buoy line and over the 5K race course (the men in 2-s while the women are in 4+s). This increases the overall level of competition and mutual respect within the program. It is very exciting to see the whole team out there working hard.



Coach Moore Gives Post-workout Advice

“From a racing stand-point, we have to demonstrate that we are MUCH more competitive than we were last fall. Quite frankly, last fall, we performed very poorly at the races. The women scratched and clawed through the winter to become a average squad in the spring. After losing to teams like Penn by 14 and Georgetown by 6, we finished at the Eastern Sprints, closing the gap on all who we lost to, losing to Penn by only 1.5 and beating Georgetown by 5. If we are able to demonstrate that we have taken a SIGNIFICANT step forward with our rowing and conditioning this fall, it will be very encouraging for the women entering winter training. If we can make as much progress throughout 2011/12 as we did through 2010/11, we'll be quite competitive come the spring.”



SU Women Carry the Shell in After Fall Workout on the Lake

OA: What does joining the ACC mean to women's rowing at SU?

JM: “The move to the ACC is big for women's rowing and the entire department. While I understand that we are losing a great deal of tradition, leaving the Big East, I believe Mike Krzyzewski may have said it best when he said, "This is not revolution. It's evolution". The ACC is a slightly stronger league than the Big East in rowing. Virginia has been the flagship team of the conference, but Clemson was also able to earn a berth in the NCAAs this past spring. With the new conference AQ system moving into place in women's rowing, it will be more difficult for SU to gain the automatic qualifying spot, having to go through Virginia and Clemson in the ACC, rather than Notre Dame and Louisville in the Big East. However, it has always been our intention to do more than receive an invite to the NCAAs. Our goal has been to go there and compete for a national championship. To do this, we would have to be prepared to beat the likes of Clemson and Virginia. In the long run, I believe the Syracuse will gain more national exposure and be 'better branded' via the ACC. I also believe that this will help advance our football program to another level, which will serve to strengthen the entire athletic department. “

Men (from Page One)

Rowing Coach Justin Moore at Williams College, on an interim basis and Williams won another NCAA Division III title.

Coach Hemmerly bio here: <http://www.suathletics.com/coaches.aspx?rc=530&path=crew>

Come spring, the Orange are set to take on Princeton and Georgetown again, Cornell and Navy at home, BU and Columbia in Boston and Dartmouth in Hanover, along with the Eastern Sprints and the IRA.

Full schedule here: <http://www.suathletics.com/schedule.aspx?path=crew>

First there is fall training and competition. To start the year, here are five questions for and answers from Coach Reischman for ***The Orange Oar***.

Orange Oar: Nearly a month into the fall semester, how does the men's squad look to you in terms of numbers, conditioning and mental attitude?

Dave Reischman: “We have a relatively small group of guys on the varsity squad--18 rowers and 4 coxswains. They are a pretty resolute group and all demonstrated they did some good work this summer to make the squad. This is a hard working group and I am enjoying working with them so far. What we don't know yet is what kind of speed we will have. This will be one of those groups that will have to not get caught up in fall or early season results and fight all year long to get maximum speed by the IRA. We lost a lot of experience to graduation and year-long development will be the key. But then again, it always is!”



Men's Varsity Team Members Work Out in Eights on an Autumn Saturday Morning

OA: *How competitive do you expect the oarsmen to be in looking to fill spots left by the class of 2011 in the varsity and JV eights?*

DR: “I am not so worried about us being competitive with each other to make the varsity as I am with us doing the work required to be competitive in our league. We have some guys who can make our varsity without much effort...but are they doing enough to ready for the competition at Sprints and the IRA. That is a whole different beast.”

OA: *As coxswain, Kenny Marfilus was an important element in the varsity eight for the past three years. Who are the contenders to replace him and how will you decide who gets the seat?*

DR: “As we do every year, every coxswain starts the year with a clean slate and a chance to sit in the varsity come spring. Having said that, Ken will be a tough guy to replace. He did so much for our program on and off the water and was a very good mentor to the younger coxswains. Isaac Budmen is a senior who did a great job with the JV last year and has a Sprints medal to his credit. Matt Cosman is a Junior who improved a lot last year and is going to be in the mix. Our sophomores, Liz Abraham and Mike Sparta battled all year long for the frosh seat last spring so they know what it means to compete for a seat. I haven't seen them cox yet because of the pair work we have been doing but they have been very attentive in the launch and asking good questions. Without a doubt in my mind they will be competing for seats.”



OA: *What's the approach going into this fall's races in terms of what you hope to get out of them?*

DR: “Our approach to the fall races is the same every year: To give our guys a chance to judge their fitness/boat moving against others in our league and to try different combinations each race to see what we can learn about how we respond under pressure. I don't worry as much about the actual results as I do about trying to learn about our squad.”

OA: *What does having a second assistant coach do for you and the program overall?*

DR: “Coach Hemmerly has been a great addition to our staff and is already making an impact. In the past we have felt like we are always in crisis management mode and there are not enough hours in the day to do everything we want to prepare our crews and run a D1 rowing program. Coach Moore and I have this great vision of what we want the program to

be and precious little time to execute that vision. The plan is, once we get everyone up to speed and figure out the best way to utilize our staffs, to see if we can find some time to do program development.”

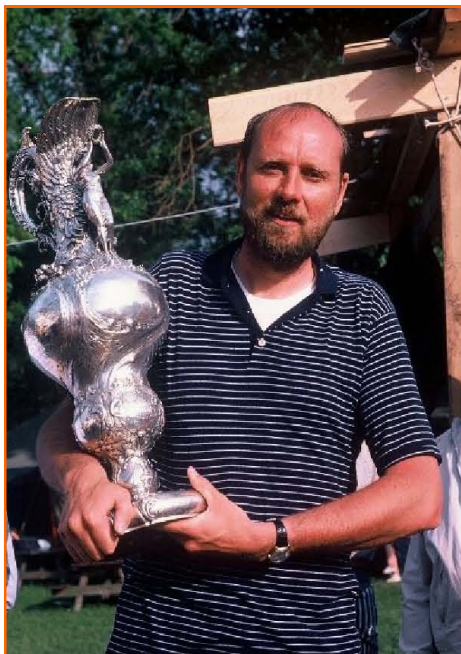
SYRACUSE'S MOVE TO THE ATLANTIC COAST CONFERENCE

The announcement in September that SU athletic teams will move to the ACC at some point in the next few years will affect the Women's Rowing team and Coach Justin Moore comments on that in his "Five Questions" segment in this issue.

The men's team, however will not find itself in a new league. Here's Coach Dave Reischman's take on all that:

“While joining the ACC has very little effect on our program I think it was a no brainer for the University. The Big East has been dying a slow death as a conference ever since BC and Miami left and the era of the super-conference is here. We may not like the loss of tradition but the risk of staying was to become insignificant as a D1 Football and Basketball school. I think it was a very strategic move for us to get a seat in one of the most established, fiscally sound conferences there is.

“The one indirect benefit for us is there will be more revenue to go around the department. I would be surprised if we saw any of that but there is so much budget pressure right now we risk losing some of what we have. That is less likely to happen now.”



Syracuse Rowing Hall of Fame Induction Ceremony
and Celebration Honoring



Coach Bill Sanford

Join us for a day of racing and celebration in Syracuse

Saturday, November 5, 2011

Weekend Schedule of Events

Friday - November 4

6:00 PM Informal gathering at "The Retreat" Restaurant, Liverpool Village
The Retreat
302 Vine Street
Liverpool, NY

Saturday - November 5

9 AM: Syracuse Fall Invitational Regatta – Men's and Women's Team racing
Post Race: Coach Bill's Hall of Fame Induction Ceremony
5PM – 9PM: A banquet celebration of Coach Bill's achievements (dinner included)

The banquet will take place at the Ramada, Syracuse. Price is \$55 per plate (\$45 for SU Classes 2006 - 2011), payable to SARA. Hotel rooms at the Ramada have been blocked for Friday the 4th and Saturday the 5th, at \$99 per night.

Ramada Syracuse
1305 Buckley Road, Syracuse, NY 13212
<http://www.ramadasyracuse.com/home.html>
315-457-8670

Use the form below or BUY YOUR TICKETS ONLINE THROUGH THE SARA BLOG:
www.syracusealumnirowing.blogspot.com

In recognition of his numerous achievements both on and off the water, his unwavering commitment to the rowing community, and the impact he has had on so many members of the Syracuse Rowing program, the Syracuse Alumni Rowing Association has enthusiastically nominated Coach Bill to be inducted into the Syracuse Rowing Hall of Fame.

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Mail this form, plus your check made payable to "Syracuse Alumni Rowing Association" to:
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BARTOSZ SZCZYRBA— “I WON’T TELL YOU GOODBYE”



He never made it to 30.

He was Bartosz Szczyrba. Born in 1982, he came from Poland and made an indelible mark on Syracuse University Crew. This July he lost his fight with lymphoma.

“It really hits home when you see his name on a boat,” teammate Tyler Page said. Page was among more than 50 teammates and friends who came back to Syracuse the weekend of September 24 to take part in the dedication of a shell in Bartosz’ honor.

His 2007 teammates wore their Orange Henley blazers. And they wore their hearts on their sleeves.

“He was just a good guy,” Justin Stangel said. “He died way too soon.”

Stangel told the story of the first time Bartosz rowed in an SU practice, they went out in a pair near what Dave Reischman calls “the Cliffs of Insanity,” and broke the skag off the shell. He was worried that the coach would be angry.

What Dave Reischman and everybody else in front of the SU Boathouse on this Saturday morning was, is heartbroken. The coach choked up as he read a quote from the author Jack London about living a full life. “Bartosz did that,” he said. “If there’s a lesson,” he said, “it is that you need to use every moment of every day.”

“I would rather be ashes than dust! I would rather that my spark should burn out in a brilliant blaze than it should be stifled by dry-rot. I would rather be a superb meteor, every atom of me in magnificent glow, than a sleepy and permanent planet. The function of man is to live, not to exist. I shall not waste my days trying to prolong them. I shall use my time.”

- Jack London

Reischman told of how the young man from Poland transferred to Syracuse as a junior, and fit in immediately; how he took his studies seriously, graduating with a 3.7 GPA, then rowed for Cambridge before starting a promising career in business in London.

There were stories of how this serious young man knew just the right time to do something silly, to lighten things up. How he loved Chinese buffet. “Good shrimp!” he would say. Everyone who knew him chuckled and nodded.



Mike Beck spoke for his teammates at the dedication. He told about how they called Bartosz “The Great One” – after Wayne Gretzky, at first. But it fit him.



Bartosz’s sister Kasia, who had christened the shell, fought back tears as she read a message to him. She talked about how she pestered him when they were kids, and how he encouraged her as they grew into adulthood. How close they had been.

She finished with this; “I will never tell you ‘goodbye’ but only ‘see you soon.’”

She was speaking for everyone there.



MARK OF THE OARSMEN

Now Available

First published in 1963, Mark of the Oarsmen is a narrative history of Syracuse University rowing from 1885 to 1960. SARA has orchestrated the second printing of Mark of the Oarsmen which is now available for alumni and friends of Syracuse rowing.

The newly printed 400 page / 80 photo hardcover book will be shipped to you direct from the Ingram Press for the cost of \$39.95.

This is an absolute must read for anyone who has pulled an oar for Syracuse and makes a great holiday gift. You can order online through the SARA blog. A limited number of copies, autographed by Dr. Bruce Chamberlain '41, will be available for sale at selected Fall regattas.

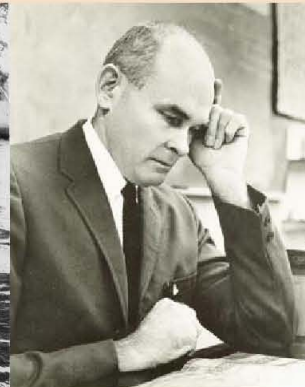
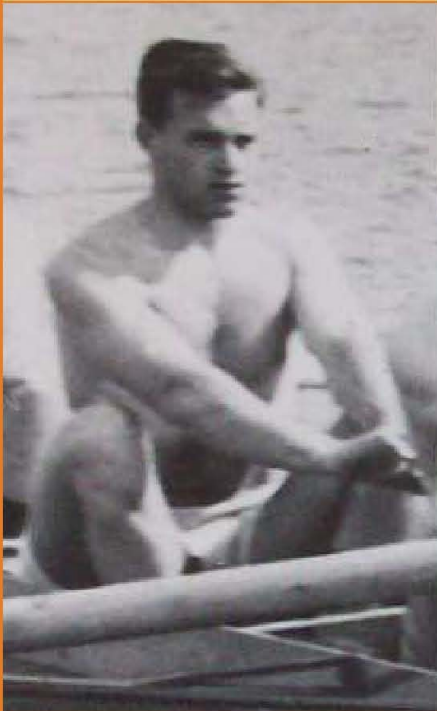
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SARA Men's Crew Endowment

Thank you for your contribution to the Men's Crew Endowment. The Men's Endowment was established over in the Summer 2010 and has grown to over \$75,000. Thank you again for all of support of Syracuse Men's Rowing and keeping them fast.

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John Combs '09	Jim Hubbell '09	Joe Paduda '80	Thomas Weigartz '80
Matthew Costigan '03	Gordon Hull '83	Andrew Papp '78	Barry Weiss '83
John Curtain '98	Adlai Hurt '04	Lynne Pascale	Ray Went '99
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			Dennis Zutant '66



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Ensuring the Long Term Strength of Men's Rowing

Please make payable and mail your contributions to:

Central New York Community Foundation

Memo line: SARA Endowment

431 East Fayette Street, Suite 100

Syracuse, NY 13202

Or donate via credit card or PayPal to: www.cnycf.org/sara

All donation to the SARA Endowment are tax deductible

Questions – Contact Joe Kieffer, SARA Treasurer,
at jkieffer@email.com or 267-228-1341



STAY IN TOUCH WITH THE ORANGE

For regular updates on SARA activities and events and the Women's and Men's teams check the SARA blog:

<http://syracusealumnirowing.blogspot.com/>

SARA is on Twitter: <http://twitter.com/syracuserowing>

To send a message to the email lists contact the coaches:

Men: Dave Reischman - [dreischm@syr.edu](mailto:dreichsm@syr.edu)

Women: Justin Moore: jmoore06@syr.edu

BACKSPLASH—NEWS OF OUR ALUMNI

1980s

Dr. Peter Hilgartner, '84 and **Lindsay Lentini, '08** (right) - rowed together for the first time, competing in a Mixed Double at the Quaker City Regatta in Philadelphia, July 30. The two placed 3rd rowing for the Queensbury Rowing Center in Queensbury, NY.



Joe Kieffer ' 88 and son Harrison (below) got in a practice row on the Charles in Boston prepping for the father/son race at the Head of the Charles this fall. Joe is SARA Treasurer.



1990s

Jason Premo '98 – reports “I bumped into **George Scobell '52** while in Cape Vincent. He's one of four generations of Syracuse oarsmen! His dad was 1918 "Forestry Crew", his son Don was 1980, and his grandson Christopher rowed in 2002-2003.

2000s



Glenn Heyer '00 – “ my wife Tessa and I welcomed the newest future cox on April 5th, Henry Peter Heyer, 6lb-11oz.

BACKSPLASH—NEWS OF OUR ALUMNI

Chrissy Chamberlain '05 – “I am engaged to be married this coming February in San Diego, CA to Mr. Scott Chamberlain. Together for 4 years, we met on the internet and bonded over having the same last name and being big dorks.

“I've asked my dearest friend and coxswain **Makiko Muraoka ('05)** to be my Maid of Honor and I look forward to a mini SU reunion with many of our former teammates!”

Chrissy lives in San Diego.



Josh Gautreau '06 - will be representing the United States at the Pan American Games October 15-19 in Guzman City, Mexico. The New York Athletic Club/Virginia Rowing Association composite crew of Ryan Kirlin, **Gautreau**, Frank Petrucci and Rob Milam won the lightweight men's four final in a time of 6:21.09 at the 2011 Pan American Games Trials on Mercer Lake in West Windsor, N.J.

Justin Stangel '07 - finished ninth in the men's pair at the 2011 World Rowing Championships on Lake Bled in Bled, Slovenia. The showing nailed down one of the 11 Olympic qualifying spots for the 2012 Olympic Games in London. The qualifying spot belongs to the country, not the athlete, so Stangel will now work towards earning a place at the Olympic Qualification Regatta scheduled for May 20-23, 2012, in Lucerne, Switzerland.



2010s



Mike Gennaro '11 - stroked the U.S. to a gold medal in the M8+ at the U23 World Championships! Congrats to Mike and his USA teammates!

Mike also will represent the United States at the Pan Am Games. USRowing Training Center – Oklahoma City's Gennaro and Ty Otto, his crewmate in the winning men's eight Under 23 Championships, crossed the line in 6:37.49 to win the final of the men's pair at the Pan Am Trials.. Gennaro and Otto crossed 5.26 seconds ahead of USTC – OKC's Blaise Didier and Derek Johnson's 6:42.75. The two also won the second heat of the men's pair on Tuesday with the fastest time of the day, 6:51.11.

Information on Gautreau, Stangel and Gennaro courtesy of suathletics.com

Syracuse Alumni Rowing Association, Inc.
 Syracuse University
 P.O. Box 7202
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Men's 2011 Fall Schedule

Sun. October 23	Head of the Charles	Boston, MA
Sun. October 30	Princeton Chase	Princeton, NJ
Sat. November 5	Syracuse Invitational	Syracuse
Sat. November 19	Foot of the Charles	Boston, MA

Women's 2011 Fall Schedule

Sat. October 15	Head of the Genesee	Rochester, NY
Sun. October 30	Princeton Chase	Princeton, NJ
Sat. November 5	Syracuse Invitational	Syracuse
Sat. November 19	Foot of the Charles	Boston, MA