

ORANGE OAR

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SYRACUSE ALUMNI ROWING ASSOCIATION, INC.



SYRACUSE ALUMNI
ROWING ASSOCIATION

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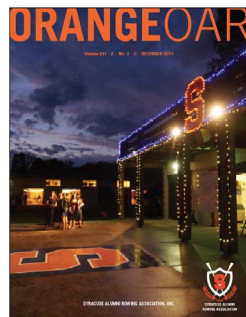
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DEAR SU ROWING ALUMS



In September, SARA hosted the third Evening at Ten Eyck. Under the leadership of event chair Ken Hutton, the assistance of April Maw from the Orange Club, and the event committee, we had a memorable time. The evening began with a boat dedication of the Natalie Mastracci, named for our own Canadian Olympian, Natalie Mastracci, '13. Many thanks to Chancellor Kent Sevyrud, his wife Dr. Ruth Chen, and Athletic Director Mark Coyle who were present for the dedication ceremony. And congratulations to this year's group of inspiring Hall of Fame honorees: Joey Peter '69, Emme Entwistle Aronson '85, Allan Green '90, and Don Smith '90 who all spoke so eloquently and graciously.

Sitting there during the dinner I felt pride in the values that I think we all share as crew alumni: education, hard work, a respect for the environment, devotion to community, and a mutually supportive spirit. It is exciting to see how accomplished the student athletes are and what recent grads are doing. Alumni are showing a greater awareness of the necessity of regular giving to the SU Rowing programs. And alums of all ages are continuing to enjoy rowing either recreationally or at various races around the country.

Joe Paduda has initiated a wonderfully valuable program of air miles donated by alums so that coaches can recruit around the world. I look forward to the energy and enthusiasm Joe will bring as the new SARA president in 2016. I hope you will join Joe and the many SARA alums in doing all we can to help keep the SU crews fast and the experience of rowing at Syracuse University a memorable and transformative one.

Finally, our thoughts and condolences go to the families of rowing alums who have recently passed away. It always seems all too soon we say goodbye, so we cherish the memories we have and hope to stay in touch with those who have graced our lives.

I've thoroughly enjoyed serving as President of SARA – I can't believe how quickly those two years went. I look forward to continuing to meet alums and to help the SU Rowing Programs continue their tradition of excellence. Best wishes for a happy holiday season and thank you for your continued support of Syracuse University Rowing.

Yours in Orange.
Lynne Pascale, '81, G'11
SARA President

SYRACUSE: YOU HAVE IT IN YOU TO BE GREAT AGAIN

BY CAROLINA RATCLIFFE '18

MASTRACCI DEDICATES HER SHELL AND DELIVERS A MOTIVATIONAL SPEECH.

Clouds and rain could not dampen the dedication of Natalie Mastracci's coxed four. The boat featured a Canadian leaf on its stern in honor of Mastracci's Olympic successes.

Coach Justin Moore introduced Mastracci: "Natalie always knew that this program could be great. I don't think we were ready like she was when she was here. I think, last year, we came close to what she was always talking about, you know, that it takes a lot of work to get where you want to be. I mean, we were almost at NCAAs."

"I think this dedication is just a testament to the work Natalie has put in and how much her mentality and the mentality of those who have followed her bring to this team. We are honored to add another great boat to the women's side."

Taking over the mic, Mastracci gave an inspiring speech: "One of the biggest things I learned here at Syracuse is muscle memory. It's not what you'd normally think. It's the muscle memory of how tough you are. It's not necessarily the rowing stroke. It's how hard I worked at that practice, or during those 12 by 500 meter sprints that Kris gave us, or the crazy workouts Justin would give us . . . All of these things created a muscle memory of how tough I can be and how far I can push myself."

"So what I hope is that every time this boat is rowed it has a muscle memory. Yes, a muscle memory, of what you've done in your past practices, how much you've pushed yourself, the volume and the load that you've gone through to be able to get to this starting line, to be able to race this race, because you have it in you Syracuse. You have it in you to be great again. You have it in you to go to the NCAAs. So please give this boat and this team your muscle memory," said Mastracci.

Mastracci finished by giving thanks to Kris Sanford, Justin Moore and the Syracuse community for their support. Champagne was popped and the golden Canadian leaf shone a bit brighter with the bubbly gloss.

WELCOME TO THE HALL

BY CAROLINA RATCLIFFE '18

EACH YEAR THE EVENING AT TEN EYCK FEATURES AN INDUCTION CEREMONY INTO THE SYRACUSE ROWING HALL OF FAME. AS ALWAYS, JOHN NICHOLSON '68 INTRODUCED THE INDUCTEES:

EMME ARONSON '85, ALLAN GREEN '90,
DON SMITH '90, AND JOE PETER '69.





Introducing the first inductee, Nicholson cracked: “You can tell someone might be a big freakin’ deal when they only have one name. Cher, Madonna, and tonight’s first inductee, Emme.”

The room erupted with laughter and applause.

Aronson is a famous plus-sized model who has, among other pursuits, been an NBC reporter. Besides having her own Wikipedia page, Aronson also has a renowned blog called EmmeNation. A list of the accolades that Aronson has attained would never end. But a few on that list would read:

EMME ARONSON, '85

People magazine’s “50 Most Beautiful People” (1994 and 1999), and Glamour’s “Woman of the Year” (1999). She has written True Beauty, Life’s little Emergencies, and a children’s book, What Are You Hungry For? Her work focuses around empowering women to love their bodies, and themselves.

Taking the mic, Aronson said she was honored to be among the ranks of Green, Smith, and Peter as an inductee. She also gave a nod to Coach Justin Moore and Olympian Natalie Mastracci ‘13.

“What do I say, what do you say when you’re given this honor. I mean there was one point when I thought I’d play in the WNBA, until a Reverend at Kent told me: ‘Hey, you’re a tall drink of water. Why don’t you try rowing?’ You know I always tell people that when an opportunity knocks, open that door because you never know what’s waiting for you. So I got into a shell and flipped it over,”

Laughter broke out. “But I decided I was going to try again and take this rowing thing down.

“Whatever challenges I had in the modeling industry, I was this Amazonian babe because of this place. I could do 20 push ups with anyone who dared call me fat.

“This place gave me the ability to go out into the world and know that there’s diversity in body shape. So thank you for everything and specifically this honor. I’m so grateful to accept my placement into the Syracuse Rowing Hall Of Fame.”

Speaking with Aronson before the evening was in full swing, she shared her gratitude for the sport of rowing.

“Rowing was a really incredible foundation for my career as a professional woman,” she said. “It gave me the understanding that it was teamwork that would get really great things done, that it was never a solo journey. If you could build a really good team around a really good idea, or concept you might have, then you’d have greater success at achieving it then trying to go it alone.

“As you know with rowing, you don’t win every race, and you train all year long for those six minutes that you’re gonna win. It gives you mental fortitude. It was really a very, very important part of preparing me physically, but, more importantly, mentally for what was to come. I lead with the strength of my body. Having that base with rowing, I knew how far I could push myself.”



ALLAN GREEN, '90



Allan Green achieved a fifth place finish in the men's quad at the 1991 World Championships. He was also the alternate for the 1992 U.S. Olympic team.

Stepping up to the podium, Green gave thanks to SARA, the University, Bill Stanford and the crowd.

"When I started rowing I was a large, slightly angry, 15 year-old boy," Green said. "I started because my mother made me.

"I had the great pleasure to have a coach who believed in me. He was also a coach with a sense of humor. This coach had me row in a scull next to this little girl who would chase me be down in her little scull. The coach would blow past me to catch up with her and he would yell from a mile away, 'Turn around.'

"That's when I learned that this sport is humbling sometimes.

"This sport is really a ritual of meditation; through the practice and competition we learn core values that help us in all aspects of our lives. It is these things I've learned at Syracuse and continue to practice in my life.

"I've rowed in about every buoyed course in America you can possibly imagine. I've crashed. I've sunk. It's these experiences that I remember.

"It's the progression and the process of improving that we show ourselves, and those around us, who we are and what we could be. From racing that little girl, to collegiate championships, to world championships, the lesson is the same."

Green finished by saying, "I want to also thank that 90's crew for going down the course with me, achieving that magical swing of rowing and becoming the better sum of our parts."



DON SMITH, '90



The legendary Don Smith '90 was one of the most decorated inductees of the night. He won the gold at World Championships in 1994 and took fifth place at the 1996 Olympics. He also competed to win bronze in both the 1995 and 1993 World Championships.

Towering over the podium, Smith relived many stories for the crowd: "Navy was coming to us for a race, and we were undefeated at the time. I guess this was probably one of my most memorable races. I don't know if we were more motivated to win or to not lose, but I remember on that day that boat really came together. I still remember that as one of the best times of my life, when we won," said Smith. He went on to tell a few more stories that were inspiring and funny in their delivery.

"I can't tell you how excited I was to come back. It doesn't matter if it's two days, or ten years, seeing my class is always going to be special to me. You know we really have supported each other. There are so many stories, a few which I can't share, but the point is we had a great time," said Smith with a laugh.

Earlier in the night, Smith expressed his gratitude for his induction, "This is a huge honor. It means a lot. Coming here to see my teammates, my brothers really, and then receiving this induction, I mean, as I said, it means a lot."



JOE PETER, '69



When it was time for Joe Peter, '69, to accept his induction he brought with him the charisma, humor, and humility that is known for. He gave thanks to his wife Jan and Bill Sanford, joking the whole time that he never made it past the junior varsity eight in college. Peter has been a part of the Syracuse community since he graduated. He has donated and supported the Orange in huge ways. Peter has also coxed many Syracuse Alumni boats to victory.

"If you're in a good boat, you look good," Peter said. "I went from the third boat in college to the top alumni boat. I've kept on doing it, this rowing thing. I mean, the wife wants me the heck out of the house."

"I gotta tell you, I've given the crew money and I've supported the program, but for every penny I spent, I got a heck of a lot more back."

When Peter finished everyone stood to applaud a man who has always supported Syracuse rowing in a big way.

Earlier, over a plate of barbeque, Peter said: "Being involved in the crew team over all those years is huge! It's everything. The camaraderie, the friends, the races, alumni meetings, it's just so important to be involved like that."

When asked what he felt about being one of the night's inductees, Peter didn't feel that an award was needed. All he wanted out of being involved in the alumni community was just that: to be involved.

”

CHANCELLOR KENT SYVERUD

“I WANTED TO SHOW SUPPORT FOR THE TEAM AND THE ALUMNI. IT'S A GREAT SPORT, AND A GREAT HISTORY. I'VE HEARD THIS IS ONE OF THIS BEST EVENTS SYRACUSE HOSTS. I WANTED TO SEE WHAT THE BUZZ WAS, AND SO FAR IT'S BEEN GREAT. I WAS REALLY EXCITED TO SEE EMME ARONSON HERE, SHE'S A HUGE PRIDE OF THE SYRACUSE COMMUNITY.

”

PAUL F. IRVINE

“IT MEANS EVERYTHING TO ME BECAUSE WHEN EMME GRADUATED I WAS THE LAST PERSON SHE SAW BEFORE SHE TOOK OFF TO CALIFORNIA.”

”

MAGGIE PETERSON '78

“ASIDE FROM SEEING OLD FRIENDS, IT'S WONDERFUL TO SEE HOW THE PROGRAM HAS EXPANDED.”

”

MIKE GENARO

“COMING TO THIS EVENT, IT'S JUST LIKE A TRIP DOWN MEMORY LANE. I LOVE IT. IT'S NICE TO COME AND SUPPORT THE CURRENT PROGRAM. I REALLY ENJOY COMING AND SEEING REISCHMAN, SEEING WHAT HE'S DOING WITH THE PROGRAM. IN THE END, NOT MUCH HAS CHANGED. THE FAST GUYS ALWAYS PREVAIL.

”

JASON POLLS

THIS IS ACTUALLY ONE OF THE BEST THAT I'VE BEEN TO HERE AT SYRACUSE. WHAT I'VE LEARNED FROM BEING IN THE FOOTBALL WORLD, YOU KNOW WE ARE PRACTICING DOWN IN THE DOME AND LOOKING UP AT YOU GUYS RUNNING THE STAIRS, I THINK 'I WOULDN'T WANT TO BE THEM' AND MAYBE Y'ALL ARE THINKING LOOKING DOWN ON US 'I WOULDN'T WANT TO BE THEM. MY POINT IS THAT THIS SPORT, ROWING, IS REALLY A LOT OF DEDICATION, AND COMING FROM A FOOTBALL GUY I AM SO GRATEFUL TO HAVE WITNESSED THAT DEDICATION.



WE ARE NOW PREPARED TO TAKEOFF

SU COACHES ARE BREAKING OUT THEIR PASSPORTS TO FIND TALENT, AND IF YOU HAVE FREQUENT FLYER MILES, YOU CAN HELP FUND THEIR EFFORTS.

PASSPORT

Pick your travel expression, and it applies, at least in part, to the aspirations of the rowing coaches at Syracuse. Assistant coaches Justin Stangel '07, Jim Lister and Alicea Strodel have made recent trips to Australia, New Zealand, Ireland, Northern Ireland and England in search of “difference makers.”

“In today’s collegiate rowing environment ‘difference maker’ means an athlete capable of rowing at the international level—i.e. making your country’s U23 or senior national team,” Coach Dave Reischman said. He went on to describe where men’s rowing coaches have to look for talent of that caliber.

“There are only 10-15 athletes of this level coming out of the US high school system each year,” he said. “These athletes focus on the Ivy’s and two or three other schools based on their perceptions of the top rowing programs. You have 15 or 16 schools, all with scholarship money, trying to recruit at most 15 kids. Now imagine if you can recruit the top 10 or 15 kids from an additional eight to 10 countries.

Your talent pool and success rate are going to increase dramatically.”

The women’s team has certainly had success attracting international students. Our “International” story in this issue highlights the achievements of Natalie Mastracci '13 for Canada and junior Harriet Taylor for Great Britain, to name just two. Both the men and women are looking to boost their international recruiting success.

What prompts international athletes to look at opportunities in the U.S.? Orange Oar deputy editor Holly Johnston '15 says that athletes from Australia and New Zealand who are interested in rowing in the U.S. are “in pursuit of the entire package—an education and their sport.

“What was available to me in New Zealand was just naturally on a smaller scale than the U.S., and resources are funneled into national team initiatives,” prompting many, Johnston said, to choose between national team opportunities and university. “At Syracuse I got certainty of education, full time racing and access to a career.”

An added attraction for Australians is the U23 selection and training program based in Princeton, New Jersey. “A few years back, Australia changed their system and started to conduct U23 trials in Princeton for all the American-based, Australian athletes,” Johnston said. “They have had huge success here. [SU junior] Emily Carey [from Brisbane, Australia] participated in these trials last year, was selected, trained in America for a few weeks and then joined the Australian based squad before worlds.”

Stangel went Down Under in August, and his itinerary is indicative of the trips Lister has made to the Southern Hemisphere and Strodel has made across the Atlantic.

“In Australia I spent most of my time in Melbourne, which is where I started my trip,” Stangel said. “I spent three days there and then flew to Christchurch on New Zealand’s South Island. I had a meeting that night with a family and then the next morning drove down the coast to Dunedin to watch a 2K at the Sparks rowing camp. I had to move quickly to grab a flight to Wellington on the North Island to watch a guy play basketball—he won in an OT thriller—and chat with his family. From there I caught a flight to Sydney for the last two-and-a-half days.”



“In total, I drove 344 kilometers (km.) in Melbourne, 448 km. in New Zealand and 151 km. in Sydney. So around 620 miles of driving.”

And the travel is not always easy. Just listen to Strodel’s description of navigating from the southern tip of Ireland to Northern Ireland.

“The trip from Enniskillen to Skibbereen is about five hours,” she said. “As we were approaching Skibbereen, the road signs directed us one way and the GPS another way. Choosing to follow the GPS was a big mistake. It took us down country lanes with eight-foot hedge rows on the shoulder and ultimately a single lane tractor road where the potholes were so deep my car (a tiny Suzuki) caught its bumper in them. Oh, and it was raining, of course! It was very harrowing being on the opposite side of the road, too.”

In the end Stangel and Strodel’s trips were worthwhile. Stangel created more brand recognition for Syracuse in men’s rowing circles.

“We don’t have the same name recognition as some of the other programs,” he said. “Once I talk with the coaches and athletes and give them some information about Syracuse University and what it is like to study in the States, I think they realize they can achieve their goals academically and athletically here. I left with one kid very interested in coming to Syracuse sooner rather than later and three others who were interested in a slightly longer time frame.”

On the women’s side, Lister and Strodel are pleased. “Jim has developed strong relationships in Australia and New Zealand, and that trip continues to be fruitful for us,” Strodel said. “In Ireland and Northern Ireland, the athletes were not as aware of the combined educational and athletic opportunities that U.S. universities offer. So it was fun to see their big eyes and appreciation for the potential opportunity.”

“Also, with the weather on the Emerald Isle, it would be a seamless transition to our climate in Syracuse,” she added with a smile.

So what fuels the voyage? “Does coffee count?,” Stangel asked. “Because I had a lot of flat whites and they were delicious!”

Sarcasm aside, the men’s trip arose out of some creative brainstorming by SARA Secretary Joe Paduda ’80: tapping into alums’ unused frequent flyer miles.





“After reading Coach Reischman’s reports on the make-up of IRA finalist crews, it was pretty obvious that, in order to compete at that level, we will have to add internationals to our lineup,” Paduda said. “The challenge facing the program is funding the trips to identify and meet those international-level athletes.

“I fly a good bit, and know other alums do as well. Miles seemed to be an obvious source of travel funds, especially given the retail price of airline travel, which can easily be over \$2,000 for a trip to another continent.

“There is a lot of passion for and commitment to the teams among alums, and many alums are always looking for ways to help,” Paduda said. “This is a relatively easy way for alums to make a big difference.”

The difference maker with miles who enabled Stangel to go looking for difference makers in the boat was Nate Graff ’96. Paduda and Reischman sent out a written appeal asking for miles to fund Stangel’s trip, and Graff answered the call.

“I was on vacation at the time, but felt compelled to respond immediately with my interest in helping Coach Stangel,” Graff said. “I had around 150,000 miles in my American Airlines account that were sitting idle. Joe and I corresponded back and forth, and he put me in touch with Coach Stangel to coordinate the ticket using my American Miles for the August trip.”

You can read more about Graff and his motivation for contributing miles in the accompanying feature story. There is also a sidebar story on how to donate your miles to the effort. On the men’s side, Stangel is planning a return Down Under in February, and on the women’s side, Lister and Strodel have more trips planned as well.

“This is the first year that we have taken multiple international trips,” Strodel said. “Having the miles allows us to do this without compromising other budgetary needs. Recruiting this year has three big flights: Australia, Great Britain and the Pacific Northwest.”



HOW MILES ARE MAKING A DIFFERENCE



It was more than idle frequent flyer miles that prompted Nate Graff '96 to donate 150,000 miles to Syracuse rowing so that assistant coach Justin Stangel could go on a recruiting trip to Australia and New Zealand in August.

"I felt very proud to have this opportunity to contribute and give back to a program that has given so much to me and made me the person that I am," Graff said. "It was not unlike the pride I felt earning my seat in the varsity boat—and my varsity letter—my sophomore year as well as the partial scholarship that I was awarded that same year. I was a walk-on who had never rowed before coming to Syracuse so these accomplishments meant a lot to me and who I would become."

When SARA Secretary Joe Paduda '80 wrote an appeal to fellow alumni for miles, he called it the Difference Maker Miles Program.

"A 'Difference Maker is an athlete who moves the boat much faster than an athlete who lacks that talent," Paduda wrote in a letter co-signed by Coach Dave Reischman. "Over the last few years, we've seen ample evidence of the impact a few difference makers can have. It's the difference between a third-level final and the grand final at the IRA.

"Our coaches need to get out to visit recruits, attend regattas, meet with junior coaches and find the scholar athletes that will make a difference. The coaches have committed to stepping

up our international recruiting, and we need to support that commitment."

Paduda figured there were lots of alums who had frequent flyer miles that would otherwise go unused, and that their commitment to Syracuse would prompt them add those miles to the effort. When you talk to Nate Graff, you realize that Paduda was right on both counts.

"I was on vacation at the time, but felt compelled to respond immediately with my interest in helping Coach Stangel," said Graff who is Technical Product Manager in East Syracuse for the multinational company INFICON. "Each year I travel an average of 80,000 air miles. This is not the most elite of 'road warriors,' but the miles, with bonuses, do add up quickly.

"As a walk on at SU with limited financial aid available, finances were very tough on me and my parents," Graff said. "For my freshmen year and the first half of my sophomore year, I was a walk-on rower, a chemical engineering undergrad and a work-study employee in one of the dining centers.

"It was not a plan that was sustainable long term given the time commitments required by all three. That is why it meant the world to me when I was offered a partial athletic scholarship

my sophomore year. This allowed me to focus my efforts on being the best scholar-athlete I could be. I will never forget what the SU Crew program has done for me, and I now try to give when I can back to the program and the scholarship endowment."

The logistics of making the donation were simple. "Joe Paduda and I corresponded back and forth and he put me in touch with Coach Stangel to coordinate the ticket using my American Miles for August," Graff said.

And Graff is not alone. Peter Henriques '80, Jamie Hubbell '09, Andrew Cooley '05 and Duane Hickling '70 have also stepped forward to donate miles. Since Coach Stangel is planning his second trip Down Under for February, some of those miles will be put to use immediately.

The coaches of the women's team are planning further trips to the Northwestern U.S. and Canada in January and Australia in February.



HOW CAN YOU DONATE FREQUENT FLYER MILES?

To donate frequent flyer miles to Syracuse rowing to help the coaches find athletes who are difference makers, please follow these simple instructions:

MEN:

1. Email SARA Secretary Joe Paduda at: jpaduda@healthstrategyassoc.com
2. Indicate the number of miles and airline(s) you have available.
3. When the coaches need to make a trip, the coach calls Joe, who identifies the donor from his list and the coach contacts the donor. The donor will book the trip.

WOMEN:

1. Email Coach Justin Moore at jmoore06@syr.edu to start a similar process.



QUESTIONS

ANSWERS

WITH THE COACHES

The coaches have pulled the docks, and the teams have moved inside. Here is the Orange Oar's conversation with Syracuse women's rowing head coach Justin Moore about the fall performances of the 1V and 2V, a new spring race on the Cooper River and recruiting.

OO: When the Small Boat Challenge began, you liked the prospect for improving the athletes' rowing in small boats and having it translate over the long haul—not in one weekend—into the big boats. How did the team look in that regard?

JM: Small boat training and racing immerses an athlete in an environment with high individual accountability, immediate feedback and (with the coxswain removed) more psychologically demanding requirements. Our younger women say, "It's hard physically, but I feel like I can never take a break mentally. This is the most difficult adjustment."

We were very lucky with the weather at the Small Boat Challenge. A firm tailwind made the time trial very fast, but also challenging in a bumpy third 500. The finals saw perfect conditions and good racing. The women raced significantly better in the finals. While one race will not change our program, consistent racing and training in pairs and singles will. Providing the women with an opportunity to race in small boats is essential to motivation during small boats training.

In terms of the skills being transferable to the eight, we trained in pairs four out of six days a week in the lead-up to the Charles. Our strong finish there shows that the small boats do translate to the bigger boats.

OO: You mixed your ages in some of the fall boats. How did that work out? How did the youngsters perform?

JM: It is always interesting to get a new crop of first-years. We have an expression in our program regarding first-years: "They don't know what they don't know." There is definitely a process to learning how to become

a top-flight collegiate athlete. Steps cannot be skipped. Our focus in the fall is helping our younger athletes (those who were novices last year as well) learn to train well, and to take as many high quality strokes as possible. The group is eager and excited about learning. There is talent there as well. It will be exciting to see them develop.

OO: You also differentiated in some of the fall boats—older crews and younger crews. You noticed a difference in intensity, right? Are the younger athletes going through a normal phase of adjustment there?

JM: Yes, high school athletes do not know how to do proper steady state. They lack the skill or ability to drive with the proper intensity and then to relax while the boat does the work. This is where workouts like low rating 2K steps are great. The women row these with a lot of intensity, but the rates are restricted. This teaches the necessary control on the recovery. The younger athletes can get crushed by the older ones, because they are not rowing with the proper intensity. In the next round, they are often competing better, but over-rate, because they do not have the skill required to control their intensity. Eventually, with enough training sessions, they figure it out—at least the better ones do.

OO: Did the athletes' summer experience, international and domestic, made a noticeable impact on their fall rowing?

JM: The two-week development camp run by Alicea and Jim was a tremendous help to the women. This camp was held for two weeks in August and was geared toward enhancing small boat skills. It was open to women from around the country. Because the athletes did not have to run off to campus, the coaches were able to spend the time to teach the athletes on the water. The women who attended the camp, many of whom had never been in a pair before, were able to hit the ground running in September.

We had two women race internationally. Hattie Taylor's experience with the Great Britain U23 group was very positive in that it showed her another level of training. Again, without school, the athletes find that they can train more. Once you adjust to that level, maintaining it is easier. Both she and first-year Arianna Lee were able to win medals at the World Championships: Hattie's bronze in the women's U23 eight and Arianna in the junior women's pair.

OO: Looking ahead to the spring season, the team's ability to qualify for the NCAA Championship depends on depth—the success of boats beyond the 1V. Were you pleased with the 1V? How about the 2V and on down?

JM: The varsity 8 demonstrated that it has the capacity to hang with some of the top crews in the country at the Head of the Charles. While I don't want to give them a "pass" for the Princeton Chase, I am aware that the teams ahead of us did not go two by 2K on the day before the Chase. Even with the 2 x 2K, our 1V was 8:32 to the first marker at the Chase (about 2,500m down the track) while Princeton and Yale were both 8:29. The speeds were quite similar.

UVA's 2V was 23 seconds back of their 1V. Brown's was 24 back. Yale's 16 seconds back. Our 1V bettered Radcliffe by 12 seconds, but our 2V lost to Radcliffe by 7. Radcliffe has been one of the teams that has kept us out of the NCAAs the last few years. Getting all of our boats on the correct side of this result is important to a NCAA bid. Ideally, over 4,200 meters, a 2V could be 18-22 seconds back. Ours was 34. Gotta get faster.

OO: Last year you tried organizing the Nordic Nine regatta to create another multi-school regatta, combining traditional match-race opponents and competitors for an NCAA bid. Will you repeat that event or do something different?

JM: The Nordic Nine remains a great concept. As our sports shifts, providing the women with great racing opportunities against a diversity of conferences is important. Because the regatta was an early season event, we looked to involve teams who faced similar weather to ours at this event. Last year, we had a good cast of crews, but the weather did not cooperate. The races got cancelled, and our 2V swamped. Gotta love early April racing in the Northeast.

Our goal for this year is to, once again, provide a fantastic racing opportunity for the women. We've taken the step of securing the Cooper River Race Course on Sunday, April 3. If there is going to be fair racing in the Northeast in early April, the Cooper River is the most likely place you will find it. The teams attending are all northern crews who will have limited water time in early April. Each team will have two 2K races against 4 opponents. It should be a good early season test for our crews. The crews attending will be: Syracuse, UPenn, Northeastern, Boston University, Cornell, Dartmouth, Minnesota, UMass, U.R.I. and Navy.

OO: You mentioned the following about the fall races: "Despite easily beating many old rivals (Cornell, BU, UPenn, Dartmouth and even Radcliffe) the women were not satisfied with their racing effort." Can you expand on that thought please?

JM: I think it is important to celebrate successes. When I first arrived, B.U. was beating us by five, and UPenn and Northeastern were beating us by double digits. Our results at the Charles showed the team that, despite graduating a strong class last spring, we have the talent and capacity to compete with some of the country's best teams. It is clear that the expectation has been raised, and that NCAAs is the Number 1 priority of the team. As the landscape shifts, it has become clear that beating traditional northeast rivals is not enough. We have to race and beat the teams that have been in the NCAA field for the past 4-5 years. Radcliffe has been one of them. We are excited to race them in Clemson this year.

OO: Any noteworthy team trends or individual performances that we haven't discussed?

JM: One positive has been our recruiting. Our rallying cry has been, "Boots on the ground!" This last year saw our staff evaluating athletes in Oregon; Washington State; Florida; Victoria, BC; Vancouver; Melbourne; Queensland; Ireland; England, as well as the traditional northeast "drivable" locations. For seven weeks this summer, I made a point of being in two boathouses a week and two homes a week. These efforts have paid off with the best early signing class in the history of the program. Because there are some women who we are not yet permitted to name or discuss, we will be waiting until the completion of our regular-decision recruiting period in May to announce the class. But we are very excited to have had 12 oarswomen and a very good coxswain choose to join our squad this fall. Rewarded for our efforts, we will be back out on the recruiting trail this January.

Here is the Orange Oar's conversation with Syracuse men's rowing head coach Dave Reischman about the fall, recruiting and the first spring race against Wisconsin.

OO: For the Navy Day Regatta, you boated purely on weight adjusted erg scores. How did you boat for the subsequent Princeton Chase and Cornell Autumn Classic?

DR: The line-ups for the Princeton Chase in the eights were straight off of weight adjusted erg scores. The fours were mostly based off of weight adjusted with a few tweaks based on some early fall pairs racing. For the Cornell race, we had decided early on that this would be race we mixed the frosh in with the varsity guys. Cornell no longer runs a frosh program, so it did not make sense to race a frosh eight. For a lot of reasons, we decided to race even line-ups with our top two eights in this race. We took our top 16 weight adjusted erg scores (frosh included this time) and put them into two even lineups. A and B were three

seconds apart so mission accomplished. With the fours we put took the top 16 guys again, put the four frosh in the mix in the D four, and then set the A, B, C fours based on erg scores. A, B, and C were 3 seconds apart.

OO: What did you determine through the process of selection and racing? How many levels or groups of athletes do you have within the team?

DR: We were actually pretty pleased with our progress over the three races. The Chase was our measure for where we stand as a squad, and it is apparent we are within striking distance, with a solid winter training, of some crews we will see in the spring racing season (and, no I won't identify them as the Orange Oar is a nationally read publication!). Racing solidly with those crews in the spring would be a step forward for us. For the Cornell race, we just wanted our guys to quit thinking so much and try to race with a bit more passion. We really focused on de-emphasizing who was in what boat and used it to foster some competition within the squad. As you can see by the results, they really went after each other. But they did it the right way by focusing on their individual boats and making them go as fast as they could.

OO: What did the guys do in the way of summer rowing? Did you notice an immediate impact from that work?

I think we probably had 14-15 guys do some racing this summer. We had a lot of guys do a small boats development camp here in Syracuse and a few guys row with other clubs. Most notably Aleksandr Staprans raced with NYAC and won some medals, and Mike Glaude raced for Upper River Boat Club outside of Philly and won some medals. What I noticed from the summer rowing is some good skill development and guys having a better fitness base.

DR: I think it was a really good Fall. Lots of good quality of miles and lots of progress both physically and technically. We spent more time in eights than we normally do, and I think this allowed us to progress our young guys a little more effectively. We also put in more miles.

OO: In June we talked about the importance of recruiting. How significant is the fact Justin Stangel was able to go to Australia and New Zealand and is planning to go again? [Please see the other stories in this issue about international recruiting and the donations of frequent flyer miles that are facilitating the effort.]

DR: The most important thing about Justin's trip was being able to sit down with the Australian coaches over a meal and talk to them about what we try and do here at Syracuse. There are a lot of schools recruiting down in Australia and we needed to get our name in front of a lot of people. We actually thought it would take a couple of trips down to be able sign someone from down there. The fact that Justin was able to meet a few athletes and get one of them to show really strong interest is pretty amazing. Justin will go back down in February when there are a few more active rowers and a couple of big regattas. Moving forward, we would like to get down there once a year. Going twice this year is important to lay the groundwork. We have focused on Australia/New Zealand for right now because there is a lot of quality junior rowing going down there. We have a few names from other countries and are continuing to develop them as well. Thanks to Nate Graff, Peter Henriques, Jamie Hubbell, Andrew Cooley and Duane Hickling for stepping forward with the frequent flyer miles to make these trips happen. The response to Joe Paduda's idea has been amazing!

OO: The first race of the spring will be against Wisconsin in Chicago. How did this match-up in this location come about?

DR: Coach Chris Clark and I have been racing each other for a long time and have a lot of similarities in how we run our programs. When I was at Oregon State, we used to go out to Madison and race Wisco and Michigan in a three-way race we used to jokingly call the Rodent Cup (Beavers, Badgers, and Wolverines—OK, technically not all rodents). We have been short a cup race for a few years, so I gave Coach Clark a call and he was already thinking it would be a good idea to start one with us.

OO: Will this race be a one-off event or the start of something more enduring?

DR: We hope it will continue on for quite a while. We had to be creative with how we set it up due to trying to fit it in with both of our existing racing schedules. Coach Clark had been looking to host a race in Chicago, and that works out fine with us as we have plenty of alumni in the area. They came to us last year (it was moved to Ithaca because of weather), and we will go out to Chicago the next two years. It's an easy flight for us, and I know the guys are looking forward to the trip!

OO: Wisconsin's varsity eight finished 15th overall at last year's IRA. What can we expect in the way of competition?

DR: I think both programs are in a similar spot—frustrated by their recent results and looking to get back on a par with some top crews. Wisconsin has had many successful crews over the years, and you can always expect that they will come at you with everything they have. They have a lot of guys in their program, they work very hard and they are going to row with a lot of passion. You can expect that every year from them whether they are ranked in the top 5 or somewhere lower.

OO: Both crews are located in cold-weather locales. In the first race of the year, will it be an even match-up in that regard?

DR: It was certainly brought up when we were discussing starting the race that it would be nice to start the season off with someone who had similar amounts of water

time. I think we had a few practices on them last year, but both crews are experienced at early season races with very little water time. So I don't think it will be a detriment to either crew.

OO: Are there recruiting implications from racing in the Midwest?

DR: The Midwest has been very good to us in recruiting the past few years. On the current roster, we have five people from Ohio, three from Michigan and one each from Illinois, Missouri and Wisconsin. We did not start the race with recruiting in mind, but it will be fun to have some of our athletes racing a bit closer to home!



GLADSTONE: 2015 USROWING MEDAL OF HONOR

by Ed Moran, ed@usrowing.org

Steve Gladstone has had a lot of big moments over the course of a lifetime of coaching and building rowing programs. One of the biggest had to be his Yale University men's eight victory at the 2015 Henley Royal Regatta over the University of Washington in the final of the Ladies' Challenge Plate.

Washington was not just another fast crew; it was the defending U.S. national collegiate champion. Gladstone's crews won 11 national championships, but if you ask him which stands out, his answer is, they were all special...

TO READ MORE GO TO

<http://www.usrowing.org/news/details/2015/09/21/steve-gladstone-to-be-awarded-the-2015-usrowing-medal-of-honor>



A LETTER

IN APRIL 2015 PETE KRUSE '10 QUALIFIED FOR THE BOSTON MARATHON AND SENT COACH DAVE REISCHMAN A LETTER ON ONE OF THE MOST INFLUENTIAL FACTORS IN HIS RUNNING SUCCESS. WITH PETE AND COACH REISCHMAN'S PERMISSION, WE HAVE REPRINTED THAT LETTER.

HI COACH,

I need to take a moment to thank you for what rowing taught me while I was at Syracuse. It has been extremely helpful in a variety of ways, most specifically with distance running. After college I picked up running as a way to stay in shape and about 2.5 years ago I started to train for a Boston qualifier. For guys my age that means running a marathon in under 3:05:00; realistically you need a 3:03:00 or less to make sure you get in.

On Sunday I achieved that goal and I will be running Boston next year. It took me 3 attempts and hundreds of training miles, however I made it. And it could never have been accomplished had I not rowed for Syracuse.

Running, specifically distance running, is not that different than rowing. It requires a lot of training at a steady state pace and the ability to dig deep when the going gets tough. The only difference is running is a lot simpler. Bad runs aren't nearly as frustrating as bad rows and great runs aren't nearly as satisfying as a great row. And none of my track teammates are going to be mad if I run like a robot because it doesn't impact the outcome of their effort. They would still probably laugh at Wacky Petes if they ever saw one. I'd worry if they didn't!

Syracuse Crew laid the groundwork for being proficient at distance running and for that I will always be grateful. There are many ways this is true, probably more than I can articulate or that I even realize. But it is safe to say that I would have never made it had I not done so many long rows in the freezing cold in college. Or had I not learned how to really push myself day-after-day-after-day and through the toughest part in a race. As hard as a marathon can be it is still not as bad as 2x6k on the erg. Nothing is as bad as 2x6k on the erg. Or had I not learned to feed off people faster than me.

This last one is a big one. When I lived in San Francisco I would run once a week with a bunch of former collegiate runners. I was essentially a novice stepping onto a track with a pack of Martins & Gennaro running equivalents. These guys are fast and they would consistently kick my butt in every workout. It got to the point where I became "The Caboose" and I would run in the back of the pack, often alone. A lot of people may shy away from this environment. After all, who wants to spend every Tuesday night getting

T O C O A C H



drubbed by a bunch of scrawny runners? However my perspective was in order to be the fastest I can be I needed to surround myself with those faster than me. This definitely came from the equal playing field you laid out at Syracuse. It was obvious from day one that those who work hard and push themselves will succeed and those who slack will not. That rule gave me the confidence to continue with that club, and get fast enough to race a marathon as a result. Had I not had my experience at SU I probably would have shied away after day one.

Anyway, I will wrap it up there even though I can probably talk about this for hours. I am quite certain that many of my running friends can attest to my long winded stories about the merits of Syracuse Crew. Also I want to end by saying that I don't think distance running is for every SU Crew alumni. It does wonders for me but lots of people don't enjoy it. Hey, to each their own. All I do know is that if someone can make it through four years on the shores of Onondaga, then a marathon might as well be a 10k at 2:00 pace by comparison.

Hope you enjoyed this and that all is well in Central New York,

PETE KRUSE



INTERNATIONAL

SENIOR AND JUNIOR WORLD CHAMPIONSHIPS COLORS INCLUDED RED, WHITE, BLUE...AND ORANGE.

Natalie Mastracci '13 and Mike Gennaro '11 continued their pursuit of international gold in August at the 2015 World Rowing Championships on Lac d'Aiguebelette, France. The Canadian women's eight, were favorites, along with the United States, in the final.

"The boat felt powerful," said Mastracci, 7-seat in the crew. "A strong rhythm was established right from the beginning and everyone was supporting each other in the crew."

Nonetheless, the US won, New Zealand finished second and Canada finished third. Rowing Canada asked if gold is still the goal for the Canadian women's eight as they prepare for Brazil?

"Of course it is," said teammate Lauren Wilkinson. "We use this as fuel to fire up the next twelve months of training."

Mastracci reinforced her teammates sentiments. "We go home, we support each other, and we work harder than we ever have before."

Gennaro and the United States men's eight are in a similar position after finishing in seventh place at the World Championships, placing first in the second-level final. The American crew covered the course in 5:27.640, beating out eighth-place Poland by less than two seconds. It marked the first time Gennaro had been a part of the United States men's eight at the world championships. Previously, he had raced in the men's four.

Freshman Nick Tavares, rowing for Canada, placed seventh in the junior men's quadruple sculls 2015 World Rowing Junior Championships. in Rio de Janeiro, Brazil. A Fonthill, Ontario product, Tavares guided the Canadian crew to a first-place finish in the second-level final. The boat covered the 2,000-meter course in 6:09.390. It was Tavares' second appearance at the World Championships, having competed at the 2014 event in Hamburg, Germany.

Junior Harriet Taylor was in the Great Britain Women's U23 eight that won the bronze medal at the U23 World Championship. The United States won the final, completing the 2,000-meter course in 6:19.490. Russia was less than three seconds behind the Americans, while Taylor's boat finished in 6:23.280.

"When I was a junior, those athletes who were representing and racing for Great Britain at any level were my idols," said Taylor. "It's something I've wanted to achieve for a number of years and the sense of pride I feel is tremendous."

First-year rower Arianna Lee took bronze in Rio. Rowing for the US, she and pair partner Margaret Dawson finished less than three seconds behind the winning Russian pair. Lee and Dawson finished in 7:42.520. The US pair won their final at the United States Junior Trials on July 6 on Mercer Lake in West Windsor, N.J. to earn the trip.



Alumni

A CALLING
THAT NEVER
STOPS

FROM JUNE THROUGH OCTOBER SARA ALUMS WERE COMING OFF THE WATER WITH SMILES ON THEIR FACES, IF NOT A FEW MEDALS.

In October an alumni boat competed in the Head of the Charles. **Joey Peter** coxed, and **Bill Bater** stroked with **Jay Hillebrecht**, **Chris Bickford**, **Josh Stratton**, **Steve Anthony**, **Steve Rogers**, **Jason Premo** and **Dick Yochum** (Bow).

Never short on context, Premo reported, "We finished 24th out of 57 against MUCH younger competition. Great times, gents."



ABOVE: Rebecca Soja had her own Head of the Charles victory for Potomac Boat Club in the Women's Club 4--by a margin of .18 seconds. "Of course, I'm always wearing my orange 'Cuse hat," she said. "Hopefully next year our entry for the women's alumnae 8 will get in and we will be able to highlight that."

"During the race we passed nine boats to keep the momentum going, and our coxswain was a superstar, steering a near perfect course. Those are the best kinds of victories! It was the icing on top of one of my favorite regattas. Nothing beats the adrenaline of racing, the gorgeous New England fall foliage, and most of all, catching up with old friends, teammates, and coaches."





ABOVE + LEFT: Syracuse alums fielded two boats at the Head of the Schuylkill. Joey Peter, Ryan Patton, Jay Hillebrecht, Chris Bickford, Josh Stratton, Ryan Armstrong, John Delaney, Pat Daughton and Jason Premo won a bronze medal. Dave Schnall, Brian Calandro, Justin Burgess, Ryan Knapp, PJ Kaputa, Dick Bochum, Skye Michiels and Jim Behr finished a solid 12th out of 25.

ABOVE RIGHT On June 28 the winning four in the Masters Rowing Championships for New England and Mid Atlantic on Onondaga Lake included Stroke Wolfgang Geihe, BU '75, 2 seat Bob Portmess, SU '78, 3 seat Mitchell Brodey, MD, Columbia stroke '71, Bow Don Plath, SU '68 and Cox Anthony Gullotto, Liverpool HS.

“All of us felt fortunate for another chance to get that racing feeling,” Plath said. We are grateful to Coach Sanford for difference-making coaching and Coach Reischman for a good boat and oars.”

BELOW RIGHT: An SU alumni boat brought home some hardware from the Diamond States Master Regatta in Middletown, Delaware in July. Xiao Mei Lena Wang, Rebecca Soja, Jason Premo and Joe Paduda won the Mixed AA-J Quad.



WHERE IS OTTOWA?

ALUMS SEND PICS FROM WORLD LOCALES
WHERE THEY WORE THEIR ORANGE.



Matt Morrow

The first is another climbing photo of the usual bunch from Class of 2007. **Left to right is, Mike Beck, Andrew Ross, Jimmy Bader and Matt Morrow** on top of Mount Shasta (14,180'). We spent a couple days over the Memorial Day weekend heading up the glaciers on the north side of the mountain and had absolutely beautiful weather at the top!



Nemanja Bogdanovic | Machu Picchu



Liz Abraham | Prague



NEWS OF OUR ALUMNI BACKSPASH

Charlie Mills '60

I am finally retiring...I know, I know... what took me so long, you say? I ask that very question, too! Brenda and I will be moving to Venice, FL in December. My e-mail address will remain the same. Will have a temporary address until we find a home. I'll start ragging on Dave to bring the crews down to Sarasota's beautiful course each spring. I plan to volunteer there and possibly renew my referee's license. With the World Championships coming in 2017, I'm sure I'll be very active. I'll send my new address when there is one. Never would have been accomplished had I not rowed for Syracuse.



Matt Morrow, and many more from the Class of '07

The picture is from Dave Barone's (2007) wedding in Port Clinton, OH. There were a number of rowing alums there and we got a good picture with Dave Reischman and a number of the guys who have rowed for him.



Ryan Planer '09

Ryan Planer, class of 2009, graduated from Drexel University College of Medicine in May of this year. In the attached photo he is with his parents, Margaret and Charles Planer. He is now doing his residency at St Joseph's Hospital in Syracuse.

-Ryan Knapp '08



Ryan Patton '10

Matt Morrow '07 and I raced at the HOCR in the stern pair of an alumni boat for McCallie, the Chattanooga, TN high school we both attended. We raced with a group of guys who rowed at Georgetown, Wisco, UPenn, Princeton, and Navy which made it interesting and fun. It was also great to see the Syracuse alumni boat out there, despite some trash talk from our friends Stratton, Bickford and Premo. They edged us out by a few spots in the end (out of respect, I'll leave out the detail that they got a 40 second handicap!). It was good to catch up with other 'Cuse alums off the water as well. The photos show myself in stroke and Matt '07 in 7-seat, and in the group shot, from left to right are Matt Morrow '07, Ryan Patton '10, Tyson Bry '10 and Clai White '10 who were also there for the event.



Mike Bagnall '09

Mike Bagnall '09 and wife Colby Bagnall '09 welcomed a son, Nathaniel Edward Bagnall, on June 4th.

Jim Gulnac '67

I have retired to become a full time grandparent. We have moved from Sanford ME to Olean NY to be with daughter and granddaughter.

Just able to get back up on the internet
New mailing address 601 West Sullivan Street, Olean. NY



Jay Greytok '87

Jay Greytok '87 tied the knot with Jackie Thomas November 27, and several SU Crew alums joined them in their celebration outside Philadelphia where Jay is Head of Middle School at the Haverford School. Pictured are (left to right) Margaret Gordon '85, Jay Greytok '87, Austin Curwen '91, Joe Kieffer '88 and Pete Liefeld '87.

SEND US YOUR NEWS!
WE WOULD LOVE TO HEAR FROM YOU.

“SOMETIMES YOU WANNA GO WHERE EVERYBODY KNOWS YOUR NAME. AND THEY’RE ALWAYS GLAD YOU CAME.”



LAST 10

BY JAY RHODES '89

WHAT DO 1980S SITCOMS AND SU CREW HAVE IN COMMON?

Not much until you think back to walking into the crew room or the boathouse and realize it was a lot like a signature scene in Cheers. An episode about the fictional Boston bar named Cheers didn't really start until the round and beloved Norm Peterson walked through the front door. He'd say, "Hello, everybody." And the whole bar would shout in response: "Nooooorm!"

You can pick any one of your teammates from your era at SU and replace Norm's name with his or hers. Shouting that name was merely the opening salvo in a conversation that was probably going to start with questions and com-

ments about something your friend had done recently—probably of questionable judgment and, ideally, embarrassing.

Fast forward to September 19, 2015, and those shouts were being heard on the apron at the boathouse as alums arrived and were recognized by their teammates from days gone by. The hugs and the how-are-you's were more than the usual cursory exchanges.

What was it like if you weren't there?

My recollections should simply cue your memories of close friends with whom you still talk, if not gossip a little, about rowing at SU, the folks you haven't seen in years and even that person against whom you could never win that (insert your own adjective here) seat race.

I got picked up at the airport by a teammate with whom I've had a friendship that's spanned four continents, weddings, several jobs and five kids—three of his and two of mine—thanks in large part to three letters: www.

I shared a hotel room with the guy, who as a junior, took a certain freshman under his wing, including the moment when his girlfriend at the time announced that I looked like Hermey the elf from Rudolph the Red-Nosed Reindeer. A nickname was born. We know what nicknames say about belonging to a group.

Another close friend had just moved back to the U.S., so his first Evening at Ten Eyck was now a reality. He sat down for a meal and recalled his friendship as a freshman with the oldest member of the team, a figure well known as the quintessential hard man. It was a "young whipper-

snapper"—"old geezer" relationship (and a bond that has endured to this day). This same obnoxious freshman took time off from school. Upon his return as a 24-year-old senior, he appreciated the irony of falling asleep in the boathouse during IRA camp to comments from the freshmen like: "Now don't bother Mr. C. You know he needs his beauty rest."

The three of us had planned on converging on Syracuse to have FaceTime that didn't involve a screen. A bonus was seeing folks whom I didn't know would be attending. A classmate brought his teenage son to visit SU as a prospective student. A SARA Advisory Council member brought his girlfriend, originally from rural England, who recalled going to Henley as a kid to soak up the atmosphere. Four members of the Class of 1990 included a major donor to SARA, an accomplished amateur triathlete, a healthcare professional from Minneapolis and a chief investment officer from Philadelphia. Oh, by the way, the latter two were inducted into the Hall of Fame for, among other things, their accomplishments on the US national team.

My crew in the alumni races included a married couple who originally met at a party at SU, an ambidextrous masters rower, one of the original editors of the Orange Oar, a Hall of Famer—which I didn't realize until I saw his plaque on the wall the next morning—and three alums from the Class of '15 all making headway in their chosen careers: an operations analyst for a healthcare and human services consultant, an engineer for a utility and an engineering student on the PhD track at UMass who actually has more free time now that he's not rowing.

As we waited to return to the dock after our final piece, we floated under the Longbranch Bridge, reacquainted our-

selves with the graffiti on the bridge pilings, gazed at the lights hung specially on the boathouse for the occasion and reflected on our SU rowing experiences.

In that moment, the only thing on our to-do list was having dinner with our friends. Does that level of detachment from real life sound appealing?

Next September, you can come back to Syracuse—"where everybody knows your name."



IN MEMORIAM

September 27, 2015 marked the passing of William A. Morrison, SU Class of '48. Several friends have sent donations to SARA in his memory. His obituary in the Easton (Maryland) Star Democrat recounted how he was a member of what newscaster Tom Brokaw called the Greatest Generation.

Born in New York City on May 21, 1923, Bill was the son of the late John and Ruth W. Morrison. He is preceded in death by his wife, Emily B. Morrison. He graduated from public school in New York City, then attended Syracuse University until he volunteered to serve his country with the Army Air Corps during World War II. Following his release from active duty in 1945, he returned to Syracuse University, where he completed his education as a mechanical engineer.

WILLIAM A. MORRISON '48

On February 18, 1950 he married his true love, Emily Kathleen Brown. They made their home in Syracuse, New York where Mr. Morrison owned two companies prior to working at Hancock Air Force Base. He moved his family to the Washington, D.C. area, where he worked for the US Navy Fuels Dept. and later for the VA Hospital as Chief Fire and Safety Engineer until his retirement.

In addition to rowing at Syracuse, Bill was a member of Psi Upsilon fraternity. He attended regattas around the world, was an avid sailor and traveled quite frequently abroad with Emily. He is survived by four children and ten grandchildren.

In lieu of flowers, the family asked that donations be made to the **Syracuse Alumni Rowing Association Endowment Fund: Central NY Community Foundation 431 East Fayette Street, Suite 100 Syracuse, New York 13202 Memo: Endowment Fund, or at: www.cnycf.org/sara**

Alexis Wenski-Roberts is among the people who have kindly made donations to SARA in Bill's memory.

Nina Elizabeth Lyvers '82 passed away at age 55 on Monday, November 9, 2015. The obituary passed along by family included a recap of her time at SU.

Nina is survived by her son Joshua, her parents Arnold and Myrna Ockene, and her brother Lawrence Ockene. Interment was at Sharon Memorial Park in Sharon, MA.

Nina grew up in White Plains, NY and attended Syracuse University, where she was a member of the Crew and a sister and President of the Alpha Xi Delta sorority. She received her degree in communications in 1982 and went on to work in Public Relations for Fidelity Investments. Nina earned a Masters in Community Social Psychology from UMASS Lowell in 1997 and then worked for UMASS Memorial Healthcare in Worcester in various positions.

NINA E. (OCKENE) LYVERS '82

Nina was a 20 year resident of Harvard and served as a board member of the Village Nursery School and the Harvard Schools Trust. She was an avid volunteer within the community, assisting in the schools and with the Virginia Thurston Healing Garden. The family wishes to express their sincere gratitude to everyone in the Harvard community whose acts of kindness supported Nina.

Expressions of sympathy in Nina's honor may be donated to the **Leonard Florence Center for Living, 165 Captains Row, Chelsea, MA 02150.**

If part of being an alum is maintaining a lifelong link to Syracuse Crew, Paul Irvine defined that link. A man who showed his Orange pride in the same measure as his red, white and blue pride passed away November 22 at age 92. (He had let it be known that he planned to live to 100.)

ObitsforLife.com reported that Paul Frederick Irvine was a Jamestown (Bemus Point), New York native, born on August 7, 1923. The son of Francis Arvid Irvine and Madelyn Agusta Jorgenson Irvine, he attended Lakewood High School in Jamestown. He graduated from Syracuse as a civil engineer in 1954, after taking a sabbatical to join the Navy in February of 1943.

After training, Paul flew the Navy's F6 Hellcat off the Essex class carrier Bon Homme Richard in the Pacific. He ditched once while training off Hawaii, and went on a hair-raising bombing run over Tokyo before the war ended.

PAUL IRVINE '54

Traveling back through Europe with some buddies after the war, he met his future wife, Kay (nee Kvetoslava Novakova), who was employed by the U.S. embassy in Frankfurt, Germany, having recently escaped from Soviet occupied Czechoslovakia. A year after getting married, they traveled back to Central New York, living first at Slocum Heights at Syracuse University while Paul finished his degree and rowed for Syracuse.

They finally settled outside Cazenovia in the town of Fenner, restoring a farmhouse built in 1799. Paul first worked with Roswell W. Cull in Chittenango; then many years at W. C. Pahl Construction in Syracuse, before retiring in 1990 and working independently under the auspices of Irvine Construction. Along the way, Paul arranged a number of reunions for his fighter wing VF(N) 91.

How much did he cherish his time as an oarsman and a pilot? In 2014 he told the Orange Oar: "My son in Rochester had a shirt made for me to have on my rows and wear to the Y. It was airbrushed and is a great technical representation of the Hellcat."

The rows he was referring to included outings in his single from the SU boathouse on his 90th and 92nd birthdays. His son, Peter, said they were "wonderful! Thanks to Dave Reischman and all who made them possible. The whole family is grateful."

Former SU assistant coach Larry Laszlo reflected on a get-together with Paul that was in the works when Paul passed.

"Paul had called last week to set up a breakfast with Bill Sanford and me. He wanted to get together to talk about rowing and what was going on with the Chargers and the University. He did get a row in this summer with his son and daughter-in-law in launch for the ride. He certainly had a passion for rowing and life. He will be missed. A model for us all to keep on living right up to the very end."

Kay pre-deceased Paul this past February. Surviving are his four children and their spouses, 13 grand children and 15 great grand children.

Contributions in memory of Paul Irvine may be made to **Honor Flight Syracuse, Inc., P.O. Box 591, Syracuse, NY 13209-0591.**

SAVE THE DATE

9.17.16

4TH ANNUAL EVENING AT TEN EYCK

**EVENING AT TEN EYCK
SATURDAY, SEPTEMBER 17, 2016**

Racing under the lights!
Get back in the boat with your old teammates!
Dinner afterward to bring back all the memories!
240 people attended last year. Don't get left out!



SARA **ANNUAL MEETING**



Saturday, January 30, 2016

8:30 to 11:30 AM

Bird Library

Peter Graham Scholarly Commons, Room 114 (near University Place entrance)

TO ALL ROWING ALUMNI OF SYRACUSE UNIVERSITY:

You are invited to attend the annual Syracuse Alumni Rowing Association meeting, held this year at Bird Library on the SU campus. This meeting is important as we introduce new board members, map out assignments for events and fundraising, and detail what SARA can do to help the crews be successful. All are welcome, even if you haven't yet paid dues. Please RSVP to either Lynne Pascale at lynnepascale@hotmail.com or Joe Paduda at jpaduda@healthstrategyassoc.com. Free parking is available at Booth Garage. Please let Lynne or Joe know if you need parking in the garage by January 22.

After the meeting, everyone is invited to Joe Peter's birthday party. The party starts at 4 PM, but those not attending the basketball game are welcome to come earlier. Please RSVP with Joe at joseph.peter@axa-advisors.com.

Game time for the SU-Georgia Tech basketball game at the Dome starts at noon. Tickets are \$40 in the upper level or section 116; \$95 in preferred seating areas C and D; and \$115 in preferred B. They can be purchased through the cuse.com website, or by calling the Box Office at 315.443.2121 (press "0" when you hear the pre-recorded message).

You make a difference to SU Rowing. Thank you for your interest and participation. We look forward to seeing you in January.

Lynne Pascale, '81, SARA President 2013-2015
Joe Paduda, '80, SARA President 2016-2018

SYRACUSE ALUMNI ROWING ASSOCIATION, INC.

P.O. BOX 7202
SYRACUSE, NY 13261
RETURN SERVICE REQUESTED

ORANGE OAR



@syracuserowing



Syracuse Alumni/ae
Rowing Association



Syracuse Row-0-Rama

SARA MEN'S ROWING ENDOWMENT

Donation can be sent to:
Central New York Community Foundation
Memo line: SARA Endowment
431 East Fayette Street, Suite 100
Syracuse, NY 13202

Or donate via credit card or PayPal to: www.cnycf.org/sara
All donations to the SARA Endowment are tax deductible

Checks for other men's team donations should be made payable to "Syracuse University." In the "memo" line of your check, please indicate: **Men's Crew Head Coach's Fund.**

WOMEN'S ROWING HEAD COACH'S FUND

Donation can be sent to:
Donations to the women's team, including the Kris Sanford Equipment fund, should be made payable to "**Syracuse University.**" In the "memo" line of your check, please indicate: **Women's Crew Head Coach's Fund.**